

Created by T. Madas

TRIGONOMETRIC IDENTITIES

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1. $(2 \cos x + \sin x)^2 + (\cos x - 2 \sin x)^2 \equiv 5$ (**)

$$\begin{aligned} \text{LHS} &= (2\cos x + \sin x)^2 + (\cos x - 2\sin x)^2 \\ &= 4\cos^2 x + 4\cos x \sin x + \sin^2 x + \cos^2 x - 4\cos x \sin x + 4\sin^2 x \\ &= 5\cos^2 x + 5\sin^2 x = 5(\cos^2 x + \sin^2 x) = 5 \times 1 = 5 = \text{RHS} \end{aligned}$$

2. $\sec \theta - \sec \theta \sin^2 \theta \equiv \cos \theta$ (**)

$$\begin{aligned} \text{LHS} &= \sec \theta - \sec \theta \sin^2 \theta = \sec \theta (1 - \sin^2 \theta) \\ &= \sec \theta \cos^2 \theta = \frac{1}{\cos \theta} \times \cos^2 \theta = \cos \theta = \text{RHS} \end{aligned}$$

3. $\frac{\cos x}{\sin y} - \frac{\sin x}{\cos y} \equiv \frac{\cos(x+y)}{\sin y \cos y}$ (**)

$$\begin{aligned} \text{LHS} &= \frac{\cos x}{\sin y} - \frac{\sin x}{\cos y} = \frac{\cos x \cos y - \sin x \sin y}{\sin y \cos y} \\ &= \frac{\cos(x+y)}{\sin y \cos y} = \text{RHS} \end{aligned}$$

4. $\cos\left(2x + \frac{\pi}{3}\right) + \cos\left(2x - \frac{\pi}{3}\right) \equiv \cos 2x$ (**)

$$\begin{aligned} \text{LHS} &= \cos\left(2x + \frac{\pi}{3}\right) + \cos\left(2x - \frac{\pi}{3}\right) \\ &= \cos 2x \cos \frac{\pi}{3} - \sin 2x \sin \frac{\pi}{3} + \cos 2x \cos \frac{\pi}{3} + \sin 2x \sin \frac{\pi}{3} \\ &= 2\cos 2x \cos \frac{\pi}{3} \\ &= 2\cos 2x \times \frac{1}{2} \\ &= \cos 2x \\ &= \text{RHS} \end{aligned}$$

5. $(\cos x + \sec x)^2 \equiv \tan^2 x + \cos^2 x + 3$ (**)

$$\begin{aligned} \text{LHS} &= (\cos x + \sec x)^2 = \cos^2 x + 2\cos x \sec x + \sec^2 x = \cos^2 x + 2 + (1 + \tan^2 x) \\ &= \cos^2 x + 3 + \tan^2 x = \text{RHS} \end{aligned}$$

6. $\cos x \sin x (\cot x + \tan x) \equiv 1$ (**)

$$\begin{aligned} \text{LHS} &= \cos x \sin x (\cot x + \tan x) = \cos x \sin x \left(\frac{\cos x}{\sin x} + \frac{\sin x}{\cos x} \right) \\ &= \cos x \sin x \left(\frac{\cos^2 x + \sin^2 x}{\sin x \cos x} \right) = \cos^2 x + \sin^2 x = 1 = \text{RHS} \end{aligned}$$

7. $\cos x + \sin x \tan x \equiv \sec x$ (**)

$$\begin{aligned} \text{LHS} &= \cos x + \sin x \tan x = \cos x + \sin x \times \frac{\sin x}{\cos x} = \cos x + \frac{\sin^2 x}{\cos x} \\ &= \frac{\cos^2 x + \sin^2 x}{\cos x} = \frac{1}{\cos x} = \sec x = \text{RHS} \end{aligned}$$

8. $\operatorname{cosec} x - \sin x \equiv \cos x \cot x$ (**)

$$\begin{aligned} \text{LHS} &= \operatorname{cosec} x - \sin x = \frac{1}{\sin x} - \sin x = \frac{1 - \sin^2 x}{\sin x} = \frac{\cos^2 x}{\sin x} \\ &= \frac{\cos x}{\sin x} \times \cos x = \cot x \cos x = \text{RHS} \end{aligned}$$

9. $\sin\left(x + \frac{\pi}{3}\right) - \sqrt{3} \cos\left(x + \frac{\pi}{3}\right) \equiv 2 \sin x \quad (**)$

$$\begin{aligned} \text{LHS} &= \sin\left(x + \frac{\pi}{3}\right) - \sqrt{3} \cos\left(x + \frac{\pi}{3}\right) \\ &= \sin x \cos \frac{\pi}{3} + \cos x \sin \frac{\pi}{3} - \sqrt{3} \left[\cos x \cos \frac{\pi}{3} - \sin x \sin \frac{\pi}{3} \right] \\ &= \frac{1}{2} \sin x + \frac{\sqrt{3}}{2} \cos x - \sqrt{3} \left[\frac{1}{2} \cos x - \frac{\sqrt{3}}{2} \sin x \right] \\ &= \frac{1}{2} \sin x + \frac{\sqrt{3}}{2} \cos x - \frac{\sqrt{3}}{2} \cos x + \frac{3}{2} \sin x \\ &= 2 \sin x \\ &= \text{RHS} \end{aligned}$$

10. $\cos\left(x + \frac{\pi}{3}\right) + \sqrt{3} \sin\left(x + \frac{\pi}{3}\right) \equiv 2 \cos x \quad (**)$

$$\begin{aligned} \text{LHS} &= \cos\left(x + \frac{\pi}{3}\right) + \sqrt{3} \sin\left(x + \frac{\pi}{3}\right) \\ &= \cos x \cos \frac{\pi}{3} - \sin x \sin \frac{\pi}{3} + \sqrt{3} \left[\sin x \cos \frac{\pi}{3} + \cos x \sin \frac{\pi}{3} \right] \\ &= \frac{1}{2} \cos x - \frac{\sqrt{3}}{2} \sin x + \sqrt{3} \left[\frac{1}{2} \sin x + \frac{\sqrt{3}}{2} \cos x \right] \\ &= \frac{1}{2} \cos x - \frac{\sqrt{3}}{2} \sin x + \frac{\sqrt{3}}{2} \sin x + \frac{3}{2} \cos x \\ &= 2 \cos x \\ &= \text{RHS} \end{aligned}$$

11. $\tan \theta + \cot \theta \equiv 2 \operatorname{cosec} 2\theta \quad (**)$

$$\begin{aligned} \text{LHS} &= \frac{\sin \theta}{\cos \theta} + \frac{\cos \theta}{\sin \theta} = \frac{\sin^2 \theta + \cos^2 \theta}{\sin \theta \cos \theta} \\ &= \frac{1}{\sin \theta \cos \theta} = \frac{2}{2 \sin \theta \cos \theta} = \frac{2}{\sin 2\theta} = 2 \operatorname{cosec} 2\theta = \text{RHS} \end{aligned}$$

12. $\sec \theta \operatorname{cosec} \theta \equiv 2 \operatorname{cosec} 2\theta \quad (**)$

$$\text{LHS} = \sec \theta \operatorname{cosec} \theta = \frac{1}{\cos \theta} \cdot \frac{1}{\sin \theta} = \frac{2}{2 \sin \theta \cos \theta} = \frac{2}{\sin 2\theta} = 2 \operatorname{cosec} 2\theta = \text{RHS}$$

13. $\frac{\cos 2\theta}{\cos \theta - \sin \theta} \equiv \cos \theta + \sin \theta$ (**)

$$\begin{aligned} \text{LHS} &= \frac{\cos 2\theta}{\cos \theta - \sin \theta} = \frac{\cos^2 \theta - \sin^2 \theta}{\cos \theta - \sin \theta} = \frac{(\cos \theta - \sin \theta)(\cos \theta + \sin \theta)}{\cos \theta - \sin \theta} \\ &= \cos \theta + \sin \theta = \text{RHS} \end{aligned}$$

14. $\frac{1 - \cos 2x}{\sin 2x} \equiv \tan x$ (**)

$$\begin{aligned} \text{LHS} &= \frac{1 - \cos 2x}{\sin 2x} = \frac{1 - (1 - 2\sin^2 x)}{2\sin x \cos x} = \frac{2\sin^2 x}{2\sin x \cos x} = \frac{\sin x}{\cos x} \\ &= \tan x = \text{RHS} \end{aligned}$$

15. $\frac{\cot^2 x}{1 + \cot^2 x} \equiv \cos^2 x$ (**)

$$\begin{aligned} \text{LHS} &= \frac{\cot^2 x}{1 + \cot^2 x} = \frac{\frac{\cos^2 x}{\sin^2 x}}{\frac{\sin^2 x + \cos^2 x}{\sin^2 x}} = \frac{\cos^2 x \sin^2 x}{\sin^2 x} \\ &= \cos^2 x = \text{RHS} \end{aligned}$$

16. $\frac{1}{\sec x - \tan x} + \frac{1}{\sec x + \tan x} \equiv 2 \sec x$ (**)

$$\begin{aligned} \text{LHS} &= \frac{1}{\sec x - \tan x} + \frac{1}{\sec x + \tan x} = \frac{(\sec x + \tan x) + (\sec x - \tan x)}{(\sec x - \tan x)(\sec x + \tan x)} \\ &= \frac{2\sec x}{\sec^2 x - \tan^2 x} = \frac{2\sec x}{1 + \tan^2 x - \tan^2 x} = 2\sec x = \text{RHS} \end{aligned}$$

17. $\tan\left(x + \frac{\pi}{4}\right)\tan\left(x - \frac{\pi}{4}\right) \equiv -1 \quad (**)$

$$\begin{aligned} \text{LHS} &= \tan\left(x + \frac{\pi}{4}\right)\tan\left(x - \frac{\pi}{4}\right) = \frac{\tan x + \tan \frac{\pi}{4}}{1 - \tan x \tan \frac{\pi}{4}} \times \frac{\tan x - \tan \frac{\pi}{4}}{1 + \tan x \tan \frac{\pi}{4}} \\ &= \frac{\tan x + 1}{1 - \tan x} \times \frac{\tan x - 1}{1 + \tan x} = \frac{\tan^2 x - 1}{1 - \tan^2 x} = \frac{-(1 - \tan^2 x)}{1 - \tan^2 x} = -1 \quad \text{RHS} \end{aligned}$$

18. $\frac{1}{\cos \theta - \sin \theta} - \frac{1}{\cos \theta + \sin \theta} \equiv 2 \sin \theta \sec 2\theta \quad (**)$

$$\begin{aligned} \text{LHS} &= \frac{1}{\cos \theta - \sin \theta} - \frac{1}{\cos \theta + \sin \theta} = \frac{(\cos \theta + \sin \theta) - (\cos \theta - \sin \theta)}{(\cos \theta - \sin \theta)(\cos \theta + \sin \theta)} \\ &= \frac{2 \sin \theta}{\cos^2 \theta - \sin^2 \theta} = \frac{2 \sin \theta}{\cos 2\theta} = 2 \sin \theta \sec 2\theta = \text{RHS} \end{aligned}$$

19. $\frac{\tan x \sec x}{1 + \tan^2 x} \equiv \sin x \quad (**)$

$$\begin{aligned} \text{LHS} &= \frac{\tan x \sec x}{1 + \tan^2 x} = \frac{\tan x \sec x}{\sec^2 x} = \frac{\tan x}{\sec x} = \tan x \cos x \\ &= \frac{\sin x}{\cos x} \cos x = \sin x = \text{RHS} \end{aligned}$$

20. $\frac{\sin(x+y)}{\cos x \cos y} \equiv \tan x + \tan y \quad (**)$

$$\begin{aligned} \text{LHS} &= \frac{\sin(x+y)}{\cos x \cos y} = \frac{\sin x \cos y + \cos x \sin y}{\cos x \cos y} \\ &= \frac{\sin x \cos y}{\cos x \cos y} + \frac{\cos x \sin y}{\cos x \cos y} = \tan x + \tan y = \text{RHS} \end{aligned}$$

21. $\cot x + \tan x \equiv \sec x \operatorname{cosec} x$ (**)

$$\begin{aligned} \text{LHS} &= \cot x + \tan x = \frac{\cos x}{\sin x} + \frac{\sin x}{\cos x} = \frac{\cos^2 x + \sin^2 x}{\sin x \cos x} = \frac{1}{\sin x \cos x} \\ &= \frac{1}{\sin x} \times \frac{1}{\cos x} = \operatorname{cosec} x \sec x = \text{RHS} \end{aligned}$$

22. $\sec^2 \theta \cos^5 \theta + \cot \theta \operatorname{cosec} \theta \sin^4 \theta \equiv \cos \theta$ (**)

$$\begin{aligned} \text{LHS} &= \sec^2 \theta \cos^5 \theta + \cot \theta \operatorname{cosec} \theta \sin^4 \theta \\ &= \frac{1}{\cos^2 \theta} \cos^5 \theta + \frac{\cos \theta}{\sin \theta} \times \frac{1}{\sin \theta} \times \sin^4 \theta \\ &= \cos^3 \theta + \cos \theta \sin^2 \theta \\ &= \cos \theta (\cos^2 \theta + \sin^2 \theta) \\ &= \cos \theta \\ &= \text{RHS} \end{aligned}$$

23. $\tan(x+60^\circ) \tan(x-60^\circ) \equiv \frac{\tan^2 x - 3}{1 - 3 \tan^2 x}$ (**)

$$\begin{aligned} \text{LHS} &= \tan(x+60^\circ) \tan(x-60^\circ) = \frac{\tan x + \tan 60^\circ}{1 - \tan x \tan 60^\circ} \times \frac{\tan x - \tan 60^\circ}{1 + \tan x \tan 60^\circ} \\ &= \frac{\tan x + \sqrt{3}}{1 - \sqrt{3} \tan x} \times \frac{\tan x - \sqrt{3}}{1 + \sqrt{3} \tan x} = \dots \text{Difference of Squares} \\ &= \frac{\tan^2 x - (\sqrt{3})^2}{(1 - \sqrt{3} \tan x)(1 + \sqrt{3} \tan x)} = \frac{\tan^2 x - 3}{1 - 3 \tan^2 x} = \text{RHS} \end{aligned}$$

24. $\operatorname{cosec}^2 x (\tan^2 x - \sin^2 x) \equiv \tan^2 x$ (**+)

$$\begin{aligned} \text{LHS} &= \operatorname{cosec}^2 x (\tan^2 x - \sin^2 x) = \operatorname{cosec}^2 x \tan^2 x - \operatorname{cosec}^2 x \sin^2 x \\ &= \frac{1}{\sin^2 x} \frac{\sin^2 x}{\cos^2 x} - \frac{1}{\sin^2 x} \sin^2 x = \frac{1}{\cos^2 x} - 1 = \sec^2 x - 1 \\ &= (1 + \tan^2 x) - 1 = \tan^2 x = \text{RHS} \end{aligned}$$

25. $\tan 2\theta \sec \theta \equiv 2 \sin \theta \sec 2\theta$ (**+)

$$\begin{aligned} \text{LHS} &= \tan 2\theta \sec \theta = \frac{\sin 2\theta}{\cos 2\theta} \sec \theta = \frac{2 \sin \theta \cos \theta}{\cos 2\theta} \times \frac{1}{\cos \theta} \\ &= \frac{2 \sin \theta}{\cos 2\theta} = 2 \sin \theta \sec 2\theta = \text{RHS} \end{aligned}$$

26. $(1 - \cos x)(1 + \sec x) \equiv \sin x \tan x$ (**+)

$$\begin{aligned} \text{LHS} &= (1 - \cos x)(1 + \sec x) = 1 + \sec x - \cos x - \cos x \sec x \\ &= 1 + \sec x - \cos x - 1 = \sec x - \cos x = \frac{1}{\cos x} - \cos x = \frac{1 - \cos^2 x}{\cos x} \\ &= \frac{\sin^2 x}{\cos x} = \frac{\sin x}{\cos x} \times \sin x = \tan x \sin x = \text{RHS} \end{aligned}$$

27. $\frac{\operatorname{cosec} \theta}{\operatorname{cosec} \theta - \sin \theta} \equiv \sec^2 \theta$ (**+)

$$\begin{aligned} \text{LHS} &= \frac{\operatorname{cosec} \theta}{\operatorname{cosec} \theta - \sin \theta} = \frac{\operatorname{cosec} \theta \sin \theta}{\operatorname{cosec} \theta \sin \theta - \sin \theta \sin \theta} \quad (\text{mult cosec} \theta = 1) \\ &= \frac{1}{1 - \sin^2 \theta} = \frac{1}{\cos^2 \theta} = \sec^2 \theta = \text{RHS} \end{aligned}$$

28. $\cos 2x + \tan x \sin 2x \equiv 1$ (**+)

$$\begin{aligned} \text{LHS} &= \cos 2x + \tan x \sin 2x = (1 - 2\sin^2 x) + \frac{\sin x}{\cos x} (2 \sin x \cos x) \\ &= 1 - 2\sin^2 x + 2\sin^2 x = 1 = \text{RHS} \end{aligned}$$

29. $(1 - \sin \theta)(1 + \operatorname{cosec} \theta) \equiv \cos \theta \cot \theta$ (**+)

$$\begin{aligned} \text{LHS} &= (1 - \sin \theta)(1 + \operatorname{cosec} \theta) = 1 + \operatorname{cosec} \theta - \sin \theta - \sin \theta \operatorname{cosec} \theta \\ &= 1 + \frac{1}{\sin \theta} - \sin \theta - 1 = \frac{1}{\sin \theta} - \sin \theta = \frac{1 - \sin^2 \theta}{\sin \theta} \\ &= \frac{\cos^2 \theta}{\sin \theta} = \frac{\cos \theta}{\sin \theta} \cdot \cos \theta = \cot \theta \cos \theta = \text{RHS} \end{aligned}$$

30. $\frac{\cot x \operatorname{cosec} x}{1 + \cot^2 x} \equiv \cos x$ (**+)

$$\begin{aligned} \text{LHS} &= \frac{\cot x \operatorname{cosec} x}{1 + \cot^2 x} = \frac{\cot x \operatorname{cosec} x}{\operatorname{cosec}^2 x} = \frac{\cot x}{\operatorname{cosec} x} = \cot x \cdot \frac{1}{\operatorname{cosec} x} \\ &= \frac{\cos x}{\sin x} \cdot \sin x = \cos x = \text{RHS} \end{aligned}$$

31. $\frac{1}{\sec x - \tan x} - \frac{1}{\sec x + \tan x} \equiv 2 \tan x$ (**+)

$$\begin{aligned} \text{LHS} &= \frac{1}{\sec x - \tan x} - \frac{1}{\sec x + \tan x} = \frac{(\sec x + \tan x) - (\sec x - \tan x)}{\sec^2 x - \tan^2 x} \\ &= \frac{2 \tan x}{(1 + \tan^2 x) - \tan^2 x} = \frac{2 \tan x}{1} = 2 \tan x = \text{RHS} \end{aligned}$$

32. $\frac{\sin x}{1 - \sin x} - \frac{\sin x}{1 + \sin x} \equiv 2 \tan^2 x$ (**+)

$$\begin{aligned} \text{LHS} &= \frac{\sin x}{1 - \sin x} - \frac{\sin x}{1 + \sin x} = \frac{\sin x(1 + \sin x) - \sin x(1 - \sin x)}{(1 - \sin x)(1 + \sin x)} \\ &= \frac{\sin x + \sin^2 x - \sin x + \sin^2 x}{1 - \sin^2 x} = \frac{2 \sin^2 x}{\cos^2 x} = 2 \tan^2 x = \text{RHS} \end{aligned}$$

33. $\sec^2 \theta (\cot^2 \theta - \cos^2 \theta) \equiv \cot^2 \theta$ (**+)

$$\begin{aligned} \text{LHS} &= \sec^2 \theta (\cot^2 \theta - \cos^2 \theta) = \sec^2 \theta \cot^2 \theta - \sec^2 \theta \cos^2 \theta = \frac{1}{\sin^2 \theta} \frac{\cos^2 \theta}{\sin^2 \theta} - \frac{1}{\cos^2 \theta} \cos^2 \theta \\ &= \frac{1}{\sin^2 \theta} - 1 = \frac{\cos^2 \theta}{\sin^2 \theta} - 1 = (1 + \cot^2 \theta) - 1 = \cot^2 \theta = \text{RHS} \end{aligned}$$

34. $\operatorname{cosec} x \sec^2 x \equiv \operatorname{cosec} x + \tan x \sec x$ (**+)

$$\begin{aligned} \text{LHS} &= \operatorname{cosec} x + \tan x \sec x = \frac{1}{\sin x} + \frac{\sin x}{\cos x} \frac{1}{\cos x} = \frac{1}{\sin x} + \frac{\sin x}{\cos^2 x} \\ &= \frac{\cos^2 x + \sin^3 x}{\sin x \cos^2 x} = \frac{1}{\sin x \cos^2 x} = \frac{1}{\sin x} \frac{1}{\cos^2 x} = \operatorname{cosec} x \sec^2 x = \text{RHS} \end{aligned}$$

35. $\frac{\cos 2x}{\sin x} + \frac{\sin 2x}{\cos x} \equiv \operatorname{cosec} x$ (**+)

$$\begin{aligned} \text{LHS} &= \frac{\cos 2x}{\sin x} + \frac{\sin 2x}{\cos x} = \frac{1 - 2\sin^2 x}{\sin x} + \frac{2\sin x \cos x}{\cos x} \\ &= \frac{1}{\sin x} - 2\sin x + 2\sin x = \frac{1}{\sin x} = \operatorname{cosec} x = \text{RHS} \end{aligned}$$

ALTERNATIVE

$$\begin{aligned} \text{LHS} &= \frac{\cos 2x}{\sin x} + \frac{\sin 2x}{\cos x} = \frac{\cos^2 x - \sin^2 x}{\sin x \cos x} + \frac{2\sin x \cos x}{\sin x \cos x} = \frac{\cos^2 x - \sin^2 x + 2\sin x \cos x}{\sin x \cos x} \\ &= \frac{(\cos x + \sin x)^2}{\sin x \cos x} = \frac{1}{\sin x} = \operatorname{cosec} x = \text{RHS} \end{aligned}$$

36. $\sin\left(x + \frac{\pi}{4}\right) \equiv \cos\left(x - \frac{\pi}{4}\right)$ (***)

$$\begin{aligned} \text{LHS} &= \sin\left(x + \frac{\pi}{4}\right) = \sin x \cos \frac{\pi}{4} + \cos x \sin \frac{\pi}{4} = \frac{\sin x}{\sqrt{2}} + \frac{\cos x}{\sqrt{2}} \\ &= \frac{\sin x + \cos x}{\sqrt{2}} = \cos\left(x - \frac{\pi}{4}\right) = \text{RHS} \end{aligned}$$

ALTERNATIVE

$$\begin{aligned} \sin\left(\frac{\pi}{2} - x\right) &= \cos x \\ \cos\left(\frac{\pi}{2} - x\right) &= \sin x \\ \cos(-x) &= \cos x \end{aligned}$$

$$\begin{aligned} \text{LHS} &= \sin\left(x + \frac{\pi}{4}\right) = \cos\left(\frac{\pi}{2} - \left(x + \frac{\pi}{4}\right)\right) \\ &= \cos\left(\frac{\pi}{4} - x\right) = \cos\left(x - \frac{\pi}{4}\right) = \text{RHS} \end{aligned}$$

37. $(\operatorname{cosec} \theta - \sin \theta) \sec^2 \theta \equiv \operatorname{cosec} \theta$ (***)

$$\begin{aligned} \text{LHS} &= (\operatorname{cosec} \theta - \sin \theta) \sec^2 \theta = \left(\frac{1}{\sin \theta} - \sin \theta \right) \times \frac{1}{\cos^2 \theta} \\ &= \frac{1 - \sin^2 \theta}{\sin \theta} \times \frac{1}{\cos^2 \theta} = \frac{\cos^2 \theta}{\sin \theta} \times \frac{1}{\cos^2 \theta} = \frac{1}{\sin \theta} = \operatorname{cosec} \theta = \text{RHS} \end{aligned}$$

38. $\frac{1}{1 + \sin^2 \theta} + \frac{1}{1 + \operatorname{cosec}^2 \theta} \equiv 1$ (***)

$$\begin{aligned} \text{LHS} &= \frac{1}{1 + \sin^2 \theta} + \frac{1}{1 + \operatorname{cosec}^2 \theta} = \frac{1}{1 + \sin^2 \theta} + \frac{1}{1 + \frac{1}{\sin^2 \theta}} \\ &= \frac{1}{1 + \sin^2 \theta} + \frac{\sin^2 \theta}{\sin^2 \theta + 1} = \frac{1 + \sin^2 \theta}{1 + \sin^2 \theta} = 1 = \text{RHS} \end{aligned}$$

Multiply top & bottom of 2nd fraction by $\sin^2 \theta$

$$\begin{aligned} \text{LHS} &= \frac{1}{1 + \sin^2 \theta} + \frac{1}{1 + \operatorname{cosec}^2 \theta} = \frac{(1 + \cos^2 \theta)(1 + \sin^2 \theta)}{(1 + \sin^2 \theta)(1 + \operatorname{cosec}^2 \theta)} \\ &= \frac{2 + \sin^2 \theta + \cos^2 \theta}{1 + \operatorname{cosec}^2 \theta + \sin^2 \theta + 1} = \frac{2 + \sin^2 \theta + \cos^2 \theta}{2 + \sin^2 \theta + \operatorname{cosec}^2 \theta} = 1 = \text{RHS} \end{aligned}$$

39. $\frac{1 + \tan^2 x}{1 - \tan^2 x} \equiv \sec 2x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{1 + \frac{\sin^2 x}{\cos^2 x}}{1 - \frac{\sin^2 x}{\cos^2 x}} = \frac{1 + \frac{\sin^2 x}{\cos^2 x}}{1 - \frac{\sin^2 x}{\cos^2 x}} = \frac{\cos^2 x + \sin^2 x}{\cos^2 x - \sin^2 x} \\ &= \frac{1}{\cos 2x} = \sec 2x = \text{RHS} \end{aligned}$$

Multiply top & bottom by $\cos^2 x$

40. $\cot 2x + \operatorname{cosec} 2x \equiv \cot x$ (***)

$$\begin{aligned} \text{LHS} &= \cot 2x + \operatorname{cosec} 2x = \frac{\cos 2x}{\sin 2x} + \frac{1}{\sin 2x} = \frac{\cos 2x + 1}{\sin 2x} \\ &= \frac{(\cos^2 x - \sin^2 x) + 1}{2 \sin x \cos x} = \frac{2 \cos^2 x}{2 \sin x \cos x} = \frac{\cos x}{\sin x} = \cot x = \text{RHS} \end{aligned}$$

41. $\sin 2x \equiv \frac{2 \tan x}{1 + \tan^2 x}$ (***)

$$\begin{aligned} \text{RHS} &= \frac{2 \tan x}{1 + \tan^2 x} = \frac{2 \sin x}{\sec^2 x} = \frac{2 \sin x \cos^2 x}{2 \cos^2 x} = \frac{2 \sin x \cos^2 x}{2 \cos^2 x} \\ &= 2 \sin x \cos^2 x = \sin 2x = \text{LHS} \end{aligned}$$

42. $\frac{\sec^2 \theta}{1 - \tan^2 \theta} \equiv \sec 2\theta$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sec^2 \theta}{1 - \tan^2 \theta} = \frac{\frac{1}{\cos^2 \theta}}{1 - \frac{\sin^2 \theta}{\cos^2 \theta}} = \frac{1}{\cos^2 \theta} \cdot \frac{\cos^2 \theta}{\cos^2 \theta - \sin^2 \theta} \\ &= \frac{1}{\cos^2 \theta - \sin^2 \theta} = \frac{1}{\cos 2\theta} = \sec 2\theta = \text{RHS} \end{aligned}$$

43. $\frac{\tan 2\theta - \sin 2\theta}{\tan 2\theta} \equiv 2 \sin^2 \theta$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\tan 2\theta - \sin 2\theta}{\tan 2\theta} = \frac{\frac{\sin 2\theta}{\cos 2\theta} - \sin 2\theta}{\frac{\sin 2\theta}{\cos 2\theta}} = \frac{1 - \sin 2\theta \times \cos 2\theta}{1 - \sin 2\theta} \\ &= \frac{1 - \sin 2\theta \cos 2\theta}{1 - \sin 2\theta} = \frac{1 - (1 - 2\sin^2 \theta)}{1 - \sin 2\theta} = \frac{2\sin^2 \theta}{1 - \sin 2\theta} = \text{RHS} \end{aligned}$$

44. $\frac{\operatorname{cosec} x - \sin x}{\cos^2 x \cot x} \equiv \sec x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\operatorname{cosec} x - \sin x}{\cos^2 x \cot x} = \frac{\frac{1}{\sin x} - \sin x}{\cos^2 x \times \frac{\cos x}{\sin x}} = \frac{\frac{1 - \sin^2 x}{\sin x}}{\frac{\cos^3 x}{\sin x}} \\ &= \frac{1 - \sin^2 x}{\cos^3 x} = \frac{\cos^2 x}{\cos^3 x} = \frac{1}{\cos x} = \sec x = \text{RHS} \end{aligned}$$

45. $\sin 2\theta \equiv \frac{2 \cot \theta}{1 + \cot^2 \theta}$ (***)

$$\begin{aligned} \text{RHS} &= \frac{2 \cot \theta}{1 + \cot^2 \theta} = \frac{2 \frac{\cos \theta}{\sin \theta}}{\frac{\sin^2 \theta + \cos^2 \theta}{\sin^2 \theta}} = \frac{2 \cos \theta \sin \theta}{\sin^2 \theta + \cos^2 \theta} = \frac{2 \cos \theta \sin \theta}{1} = 2 \cos \theta \sin \theta = \sin 2\theta = \text{LHS} \end{aligned}$$

46. $\frac{\sin 2\theta}{\sin \theta} - \frac{\cos 2\theta}{\cos \theta} \equiv \sec \theta$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sin 2\theta}{\sin \theta} - \frac{\cos 2\theta}{\cos \theta} = \frac{\sin(2\theta) - \cos(2\theta) \cos \theta}{\sin \theta \cos \theta} = \frac{\sin(2\theta - \theta)}{\sin \theta \cos \theta} \\ &= \frac{\sin \theta}{\sin \theta \cos \theta} = \frac{1}{\cos \theta} = \sec \theta = \text{RHS} \\ \text{Alternative:} \quad \text{LHS} &= \frac{\sin 2\theta}{\sin \theta} - \frac{\cos 2\theta}{\cos \theta} = \frac{2 \sin \theta \cos \theta}{\sin \theta} - \frac{2 \cos^2 \theta - 1}{\cos \theta} \\ &= 2 \cos \theta - (2 \cos \theta - \frac{1}{\cos \theta}) = \frac{1}{\cos \theta} = \sec \theta = \text{RHS} \end{aligned}$$

47. $\frac{\sin \theta}{1 + \cos \theta} + \frac{1 + \cos \theta}{\sin \theta} \equiv 2 \operatorname{cosec} \theta$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sin \theta}{1 + \cos \theta} + \frac{1 + \cos \theta}{\sin \theta} = \frac{\sin^2 \theta + (1 + \cos \theta)^2}{(1 + \cos \theta) \sin \theta} \\ &= \frac{\sin^2 \theta + 1 + 2 \cos \theta + \cos^2 \theta}{(1 + \cos \theta) \sin \theta} = \frac{2 + 2 \cos \theta}{(1 + \cos \theta) \sin \theta} \\ &= \frac{2(1 + \cos \theta)}{\sin \theta (1 + \cos \theta)} = \frac{2}{\sin \theta} = 2 \operatorname{cosec} \theta = \text{RHS} \end{aligned}$$

48. $\cos 2\theta \equiv \frac{1 - \tan^2 \theta}{1 + \tan^2 \theta}$ (***)

$$\begin{aligned} \text{RHS} &= \frac{1 - \tan^2 \theta}{1 + \tan^2 \theta} = \frac{1 - \frac{\sin^2 \theta}{\cos^2 \theta}}{1 + \frac{\sin^2 \theta}{\cos^2 \theta}} = \frac{\frac{\cos^2 \theta - \sin^2 \theta}{\cos^2 \theta}}{\frac{\cos^2 \theta + \sin^2 \theta}{\cos^2 \theta}} = \frac{\cos^2 \theta - \sin^2 \theta}{\cos^2 \theta + \sin^2 \theta} \\ &= \frac{\cos^2 \theta - \sin^2 \theta}{1} = \cos^2 \theta - \sin^2 \theta = \cos 2\theta = \text{LHS} \\ \text{(or search for a sine & cosine formula & tidy up the double reaction)} \end{aligned}$$

49. $\sqrt{2+2\cos 2\theta} \equiv 2\cos\theta$ (***)

$$\begin{aligned} \text{LHS} &= \sqrt{2+2\cos 2\theta} = \sqrt{2+2(2\cos^2\theta-1)} = \sqrt{2+4\cos^2\theta-2} \\ &= \sqrt{4\cos^2\theta} = 2\cos\theta = \text{RHS} \end{aligned}$$

50. $\frac{1}{\operatorname{cosec}\theta-1} + \frac{1}{\operatorname{cosec}\theta+1} \equiv 2\sec\theta \tan\theta$ (***)

$$\begin{aligned} \text{LHS} &= \frac{1}{\operatorname{cosec}\theta-1} + \frac{1}{\operatorname{cosec}\theta+1} = \frac{(\operatorname{cosec}\theta+1) + (\operatorname{cosec}\theta-1)}{(\operatorname{cosec}\theta-1)(\operatorname{cosec}\theta+1)} \\ &= \frac{2\operatorname{cosec}\theta}{\operatorname{cosec}^2\theta-1} = \frac{2\operatorname{cosec}\theta}{(1+\cot^2\theta)-1} = \frac{2\operatorname{cosec}\theta}{\cot^2\theta} \\ &= 2\operatorname{cosec}\theta \times \frac{1}{\cot^2\theta} = \frac{2}{\sin\theta} \times \frac{\sin^2\theta}{\cos^2\theta} = \frac{2\sin\theta}{\cos^2\theta} \\ &= \frac{2\sin\theta}{\cos\theta} \times \frac{1}{\cos\theta} = 2\tan\theta \sec\theta = \text{RHS} \end{aligned}$$

51. $(3\sin\theta + 5\cos\theta)^2 \equiv 17 + 8\cos 2\theta + 15\sin 2\theta$ (***)

$$\begin{aligned} \text{LHS} &= (3\sin\theta + 5\cos\theta)^2 = 9\sin^2\theta + 25\cos^2\theta + 30\sin\theta\cos\theta \\ &= (9\sin^2\theta + 9\cos^2\theta) + 16\cos^2\theta + 15(2\sin\theta\cos\theta) \\ &= 9 + 16\left(\frac{1+\cos 2\theta}{2}\right) + 15\sin 2\theta \\ &= 9 + 8 + 8\cos 2\theta + 15\sin 2\theta \\ &= 17 + 8\cos 2\theta + 15\sin 2\theta \\ &= \text{RHS} \end{aligned}$$

52. $\left(\frac{1+\sin\theta}{\cos\theta}\right)^2 + \left(\frac{1-\sin\theta}{\cos\theta}\right)^2 \equiv 2 + 4\tan^2\theta$ (***)

$$\begin{aligned} \text{LHS} &= \left(\frac{1+\sin\theta}{\cos\theta}\right)^2 + \left(\frac{1-\sin\theta}{\cos\theta}\right)^2 = \frac{1+2\sin\theta+\sin^2\theta}{\cos^2\theta} + \frac{1-2\sin\theta+\sin^2\theta}{\cos^2\theta} \\ &= \frac{2+2\sin^2\theta}{\cos^2\theta} = \frac{2}{\cos^2\theta} + \frac{2\sin^2\theta}{\cos^2\theta} = 2\sec^2\theta + 2\tan^2\theta \\ &= 2(\tan^2\theta + 1) + 2\tan^2\theta = 4\tan^2\theta + 2 = \text{RHS} \end{aligned}$$

53. $2 \cot 2\theta + \tan \theta \equiv \cot \theta$ (***)

$$\begin{aligned} \text{LHS} &= 2 \cot 2\theta + \tan \theta = \frac{2 \cos 2\theta}{\sin 2\theta} + \tan \theta = \frac{2 \cos 2\theta}{2 \sin \theta \cos \theta} + \tan \theta \\ &= \frac{\cos 2\theta - \sin^2 \theta}{\sin \theta \cos \theta} + \tan \theta = \frac{\cos 2\theta}{\sin \theta \cos \theta} - \frac{\sin^2 \theta}{\sin \theta \cos \theta} + \tan \theta \\ &= \frac{\cos 2\theta}{\sin \theta \cos \theta} - \frac{\sin \theta}{\cos \theta} + \tan \theta = \cot \theta - \tan \theta + \tan \theta = \cot \theta = \text{RHS} \\ \text{LHS} &= \frac{2 \cos 2\theta}{2 \sin \theta \cos \theta} + \tan \theta = \frac{1 - \tan^2 \theta}{1 + \tan^2 \theta} + \tan \theta \\ &= \cot \theta = \text{RHS} \end{aligned}$$

54. $\cos x + \sin x \tan 2x \equiv \frac{\cos x}{\cos 2x}$ (***)

$$\begin{aligned} \text{LHS} &= \cos x + \sin x \tan 2x = \cos x + \sin x \frac{\sin 2x}{\cos 2x} = \cos x + \sin x \frac{2 \sin x \cos x}{\cos 2x} \\ &= \cos x + \frac{2 \sin^2 x \cos x}{\cos 2x} = \frac{\cos x \cos 2x + 2 \sin^2 x \cos x}{\cos 2x} \\ &= \frac{\cos x (\cos 2x + 2 \sin^2 x)}{\cos 2x} = \frac{\cos x (1 - 2 \sin^2 x + 2 \sin^2 x)}{\cos 2x} \\ &= \frac{\cos x}{\cos 2x} = \text{RHS} \\ \text{Alternative} \\ \text{LHS} &= \cos x + \sin x \tan 2x = \cos x + \sin x \frac{\sin 2x}{\cos 2x} = \frac{\cos x \cos 2x + \sin x \sin 2x}{\cos 2x} \\ &= \frac{\cos(2x - x)}{\cos 2x} = \frac{\cos x}{\cos 2x} = \text{RHS} \end{aligned}$$

55. $4 \operatorname{cosec}^2 2\theta - \sec^2 \theta \equiv \operatorname{cosec}^2 \theta$ (***)

$$\begin{aligned} \text{LHS} &= 4 \operatorname{cosec}^2 2\theta - \sec^2 \theta = \frac{4}{\sin^2 2\theta} - \frac{1}{\cos^2 \theta} = \frac{4}{(2 \sin \theta \cos \theta)^2} - \frac{1}{\cos^2 \theta} \\ &= \frac{4}{4 \sin^2 \theta \cos^2 \theta} - \frac{1}{\cos^2 \theta} = \frac{1}{\sin^2 \theta \cos^2 \theta} - \frac{1}{\cos^2 \theta} \\ &= \frac{1 - \sin^2 \theta}{\sin^2 \theta \cos^2 \theta} = \frac{\cos^2 \theta}{\sin^2 \theta \cos^2 \theta} = \frac{1}{\sin^2 \theta} = \operatorname{cosec}^2 \theta = \text{RHS} \end{aligned}$$

56. $\frac{\sin 2x + \sin x}{\cos 2x + \cos x + 1} \equiv \tan x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sin 2x + \sin x}{\cos 2x + \cos x + 1} = \frac{2 \sin \frac{3x}{2} \cos \frac{x}{2}}{(\cos x + 1) + \cos x} = \frac{\sin \frac{3x}{2} \cos \frac{x}{2}}{2 \cos^2 \frac{x}{2} + \cos x} \\ &= \frac{\sin \frac{3x}{2} \cos \frac{x}{2}}{\cos x (2 \cos \frac{x}{2} + 1)} = \frac{\sin x}{\cos x} = \tan x = \text{RHS} \end{aligned}$$

57. $\frac{\tan A - \cot B}{\tan B - \cot A} \equiv \tan A \cot B \quad (***)$

$$\begin{aligned} \text{LHS} &= \frac{\tan A - \cot B}{\tan B - \cot A} = \frac{\frac{\sin A}{\cos A} - \frac{\cos B}{\sin B}}{\frac{\sin B}{\cos B} - \frac{\cos A}{\sin A}} = \frac{\frac{\sin A \sin B - \cos A \cos B}{\cos A \sin B}}{\frac{\sin B \sin A - \cos A \cos B}{\cos B \sin A}} \\ &= \frac{\cos B \sin A}{\cos A \sin B} = \frac{\sin A}{\cos A} \times \frac{\cos B}{\sin B} = \tan A \times \cot B = \text{RHS} \\ \text{LHS} &= \frac{\tan A - \cot B}{\tan B - \cot A} = \frac{\tan A - \frac{1}{\tan B}}{\tan B - \frac{1}{\tan A}} = \frac{\tan A \tan B - 1}{\tan B \tan A - 1} \\ &= \frac{\tan A}{\tan B} = \tan A \cot B = \text{RHS} \end{aligned}$$

58. $\frac{(1 + \sec x)(1 - \cos x)}{\tan x} \equiv \sin x \quad (***)$

$$\begin{aligned} \text{LHS} &= \frac{(1 + \sec x)(1 - \cos x)}{\tan x} = \frac{1 - \cos x + \sec x - \cos x \sec x}{\tan x} \\ &= \frac{\sec x - \cos x}{\tan x} = \frac{\frac{1}{\cos x} - \cos x}{\frac{\sin x}{\cos x}} = \frac{1 - \cos^2 x}{\sin x} \\ &= \frac{1 - \cos^2 x}{\sin x} = \frac{\sin^2 x}{\sin x} = \sin x = \text{RHS} \end{aligned}$$

59. $\cos 3x \equiv 4 \cos^3 x - 3 \cos x \quad (***)$

$$\begin{aligned} \text{LHS} &= \cos 3x = \cos(2x+x) = \cos 2x \cos x - \sin 2x \sin x \\ &= (2\cos^2 x - 1)\cos x - \sin x(2\sin x \cos x) \\ &= 2\cos^3 x - \cos x - 2\sin^2 x \cos x \\ &= 2\cos^3 x - \cos x - 2\cos x(1 - \cos^2 x) \\ &= 2\cos^3 x - \cos x - 2\cos x + 2\cos^3 x \\ &= 4\cos^3 x - 3\cos x \\ &= \text{RHS} \end{aligned}$$

60. $\frac{\tan x}{\sec x - 1} - \frac{\sec x - 1}{\tan x} \equiv 2 \cot x \quad (***)$

$$\begin{aligned} \text{LHS} &= \frac{\tan x}{\sec x - 1} - \frac{\sec x - 1}{\tan x} = \frac{\tan^2 x - (\sec x - 1)^2}{(\sec x - 1)\tan x} \\ &= \frac{\tan^2 x - (\sec^2 x - 2\sec x + 1)}{(\sec x - 1)\tan x} = \frac{\tan^2 x - \sec^2 x + 2\sec x - 1}{(\sec x - 1)\tan x} \\ &= \frac{\tan^2 x - (1 + \tan^2 x) + 2\sec x - 1}{(\sec x - 1)\tan x} = \frac{2\sec x - 2}{(\sec x - 1)\tan x} \\ &= \frac{2(\sec x - 1)}{(\sec x - 1)\tan x} = \frac{2}{\tan x} = 2 \cot x = \text{RHS} \end{aligned}$$

61. $\cot x - \tan x \equiv 2 \cot 2x$ (***)

$$\begin{aligned} \text{LHS} &= \cot x - \tan x = \frac{\cos x}{\sin x} - \frac{\sin x}{\cos x} = \frac{\cos^2 x - \sin^2 x}{\sin x \cos x} \\ &= \frac{\cos 2x}{\frac{1}{2} \sin 2x} = \frac{2 \cos 2x}{\sin 2x} = 2 \cot 2x = \text{RHS} \end{aligned}$$

62. $\sin 3A \equiv 3 \sin A - 4 \sin^3 A$ (***)

$$\begin{aligned} \text{LHS} &= \sin 3A = \sin(2A + A) \\ &= \sin 2A \cos A + \cos 2A \sin A \\ &= (2 \sin A \cos A) \cos A + (-2 \sin^2 A + \cos^2 A) \sin A \\ &= 2 \sin A \cos^2 A + \sin A - 2 \sin^3 A \\ &= 2 \sin A (\cos^2 A + \sin^2 A) - 2 \sin^3 A \\ &= 2 \sin A - 2 \sin^3 A + \sin A - 2 \sin^3 A \\ &= 3 \sin A - 4 \sin^3 A \\ &= \text{RHS} \end{aligned}$$

63. $\frac{\sec x - \cos x}{\operatorname{cosec} x - \sin x} \equiv \tan^3 x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sec x - \cos x}{\operatorname{cosec} x - \sin x} = \frac{\frac{1}{\cos x} - \cos x}{\frac{1}{\sin x} - \sin x} = \frac{\frac{1 - \cos^2 x}{\cos x}}{\frac{1 - \sin^2 x}{\sin x}} \\ &= \frac{\frac{\sin^2 x}{\cos x}}{\frac{\cos^2 x}{\sin x}} = \frac{\sin^2 x}{\cos^2 x} = \tan^2 x = \text{RHS} \end{aligned}$$

64. $\operatorname{cosec} 2x \equiv \frac{\cot^2 x + 1}{2 \cot x}$ (***)

$$\begin{aligned} \text{RHS} &= \frac{\cot^2 x + 1}{2 \cot x} = \frac{\frac{\cos^2 x}{\sin^2 x} + 1}{2 \frac{\cos x}{\sin x}} = \frac{\frac{\cos^2 x + \sin^2 x}{\sin^2 x}}{2 \frac{\cos x}{\sin x}} = \frac{\frac{1}{\sin^2 x}}{2 \frac{\cos x}{\sin x}} \\ &= \frac{1}{2 \sin x \cos x} = \frac{1}{\sin 2x} = \operatorname{cosec} 2x = \text{LHS} \end{aligned}$$

Alternative:

$$\begin{aligned} \text{LHS} &= \operatorname{cosec} 2x = \frac{1}{\sin 2x} = \frac{1}{2 \sin x \cos x} = \frac{\frac{1}{\sin x} + \frac{1}{\cos x}}{2 \sin x \cos x} \\ &= \frac{1 + \frac{\cos x}{\sin x}}{2 \cot x} = \text{RHS} \end{aligned}$$

65. $\frac{\sec 2x - 1}{\sec 2x + 1} \equiv \tan^2 x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sec 2x - 1}{\sec 2x + 1} = \frac{\frac{1}{\cos 2x} - 1}{\frac{1}{\cos 2x} + 1} = \frac{\frac{1 - \cos 2x}{\cos 2x}}{\frac{1 + \cos 2x}{\cos 2x}} = \frac{1 - \cos 2x}{1 + \cos 2x} \\ &= \frac{1 - (1 - 2\sin^2 x)}{1 + (2\cos^2 x - 1)} = \frac{2\sin^2 x}{2\cos^2 x} = \tan^2 x = \text{RHS} \end{aligned}$$

66. $4\operatorname{cosec}^2 2\theta - \operatorname{cosec}^2 \theta \equiv \sec^2 \theta$ (***)

$$\begin{aligned} \text{LHS} &= 4\operatorname{cosec}^2 2\theta - \operatorname{cosec}^2 \theta = \frac{4}{\sin^2 2\theta} - \frac{1}{\sin^2 \theta} = \frac{4}{(\sin 2\theta)^2} - \frac{1}{\sin^2 \theta} \\ &= \frac{4}{(2\sin\theta\cos\theta)^2} - \frac{1}{\sin^2 \theta} = \frac{4}{4\sin^2\theta\cos^2\theta} - \frac{1}{\sin^2 \theta} = \frac{1}{\sin^2\theta\cos^2\theta} - \frac{1}{\sin^2 \theta} \\ &= \frac{1 - \cos^2\theta}{\sin^2\theta\cos^2\theta} = \frac{\sin^2\theta}{\sin^2\theta\cos^2\theta} = \frac{1}{\cos^2\theta} = \sec^2\theta = \text{RHS} \end{aligned}$$

67. $\frac{\cos 2x - \cos x + 1}{\sin 2x - \sin x} \equiv \cot x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\cos 2x - \cos x + 1}{\sin 2x - \sin x} = \frac{2\cos^2 x - \cos x + 1}{2\sin x \cos x - \sin x} \\ &= \frac{2\cos^2 x - \cos x + 1}{\sin x(2\cos x - 1)} = \frac{\cos x(2\cos x - 1) + 1}{\sin x(2\cos x - 1)} = \cot x = \text{RHS} \end{aligned}$$

68. $(\tan \theta + \cot \theta)(\sin \theta + \cos \theta) \equiv \sec \theta + \operatorname{cosec} \theta$ (***)

$$\begin{aligned} \text{LHS} &= (\tan \theta + \cot \theta)(\sin \theta + \cos \theta) \\ &= \left(\frac{\sin \theta}{\cos \theta} + \frac{\cos \theta}{\sin \theta}\right)(\sin \theta + \cos \theta) = \frac{\sin^2 \theta + \cos^2 \theta}{\sin \theta \cos \theta} (\sin \theta + \cos \theta) \\ &= \frac{\sin \theta + \cos \theta}{\sin \theta \cos \theta} = \frac{\sin \theta}{\sin \theta \cos \theta} + \frac{\cos \theta}{\sin \theta \cos \theta} \\ &= \frac{1}{\cos \theta} + \frac{1}{\sin \theta} = \sec \theta + \operatorname{cosec} \theta = \text{RHS} \end{aligned}$$

69. $\sin^2\left(\theta + \frac{\pi}{4}\right) + \sin^2\left(\theta - \frac{\pi}{4}\right) \equiv 1$ (***)

$$\begin{aligned} \text{LHS} &= \sin^2\left(\theta + \frac{\pi}{4}\right) + \sin^2\left(\theta - \frac{\pi}{4}\right) = (\sin\theta\cos\frac{\pi}{4} + \cos\theta\sin\frac{\pi}{4})^2 + (\sin\theta\cos\frac{\pi}{4} - \cos\theta\sin\frac{\pi}{4})^2 \\ &= (\sin\theta\frac{\sqrt{2}}{2} + \cos\theta\frac{\sqrt{2}}{2})^2 + (\sin\theta\frac{\sqrt{2}}{2} - \cos\theta\frac{\sqrt{2}}{2})^2 \\ &= \left(\frac{\sqrt{2}}{2}\sin\theta + \frac{\sqrt{2}}{2}\cos\theta\right)^2 + \left(\frac{\sqrt{2}}{2}\sin\theta - \frac{\sqrt{2}}{2}\cos\theta\right)^2 \\ &= \left(\frac{1}{2}\sin^2\theta + \frac{1}{2}\cos^2\theta + \frac{1}{2}\cos^2\theta\right) + \left(\frac{1}{2}\sin^2\theta - \frac{1}{2}\cos^2\theta + \frac{1}{2}\cos^2\theta\right) \\ &= \sin^2\theta + \cos^2\theta \\ &= 1 \\ &= \text{RHS} \end{aligned}$$

70. $\tan A(1 + \sec 2A) \equiv \tan 2A$ (***)

$$\begin{aligned} \text{LHS} &= \tan A(1 + \sec 2A) = \tan A\left(1 + \frac{1}{\cos 2A}\right) \\ &= \tan A\left(\frac{\cos 2A + 1}{\cos 2A}\right) = \tan A \times \frac{2\cos^2 A - 1 + 1}{\cos 2A} \\ &= \tan A \frac{2\cos^2 A}{\cos 2A} = \frac{\sin A}{\cos A} \frac{2\cos^2 A}{\cos 2A} = \frac{2\cos A \sin A}{\cos 2A} \\ &= \frac{\sin 2A}{\cos 2A} = \tan 2A = \text{RHS} \end{aligned}$$

71. $\frac{1 - \cos 2x + \sin 2x}{1 + \cos 2x + \sin 2x} \equiv \tan x$.

$$\begin{aligned} \text{LHS} &= \frac{1 - \cos 2x + \sin 2x}{1 + \cos 2x + \sin 2x} = \frac{1 - (1 - 2\sin^2 x) + \sin 2x}{1 + (2\cos^2 x - 1) + \sin 2x} = \frac{2\sin^2 x + \sin 2x}{2\cos^2 x + \sin 2x} \\ &= \frac{2\sin x \cos x + 2\sin x \cos x}{2\cos^2 x + 2\sin x \cos x} = \frac{2\sin x (\cos x + \cos x)}{2\cos x (\cos x + \sin x)} = \frac{\sin x}{\cos x} = \tan x = \text{RHS} \end{aligned}$$

72. $\cos(x + y)\cos(x - y) \equiv \cos^2 x - \sin^2 y$ (***)

$$\begin{aligned} \text{LHS} &= \cos(x + y)\cos(x - y) = (\cos x \cos y - \sin x \sin y)(\cos x \cos y + \sin x \sin y) \\ &= \cos^2 x \cos^2 y - \sin^2 x \sin^2 y = \cos^2 x (1 - \sin^2 y) - \sin^2 x (1 - \cos^2 y) \\ &= \cos^2 x - \cos^2 x \sin^2 y - \sin^2 x + \sin^2 x \cos^2 y \\ &= \cos^2 x - \sin^2 y \\ &= \text{RHS} \end{aligned}$$

73. $\frac{\tan 2\theta + \sin 2\theta}{\tan \theta} \equiv 2\cos^2 \theta$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\frac{\sin 2\theta}{\cos 2\theta} + \sin 2\theta}{\frac{\sin \theta}{\cos \theta}} = \frac{\frac{\sin 2\theta}{\cos 2\theta} + \sin 2\theta}{\frac{\sin \theta}{\cos \theta}} \quad \left(\frac{\sin 2\theta + \sin 2\theta \cos 2\theta}{\cos 2\theta} \right) \text{ BY } \cos \theta \\ &= \frac{\sin 2\theta + \sin 2\theta \cos 2\theta}{\cos 2\theta} \times \frac{\cos \theta}{\sin \theta} = \frac{1 + \cos 2\theta}{1} = 1 + (2\cos^2 \theta - 1) \\ &= 2\cos^2 \theta = \text{RHS} \end{aligned}$$

74. $\frac{\sec x}{1 + \sec x} - \frac{\sec x}{1 - \sec x} \equiv 2\operatorname{cosec}^2 x$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sec x}{1 + \sec x} - \frac{\sec x}{1 - \sec x} = \sec x \left[\frac{1}{1 + \sec x} - \frac{1}{1 - \sec x} \right] = \sec x \left[\frac{(1 - \sec x) - (1 + \sec x)}{(1 + \sec x)(1 - \sec x)} \right] \\ &= \sec x \frac{-2\sec x}{1 - \sec^2 x} = \sec x \frac{-2\sec x}{\sec^2 x - 1} = \frac{-2\sec^2 x}{(1 - \sec^2 x) - 1} = \frac{-2\sec^2 x}{-2\sec^2 x} \\ &= \frac{-2\sec^2 x}{-2\sec^2 x} = \frac{2}{2} = 1 = 2\operatorname{cosec}^2 x = \text{RHS} \end{aligned}$$

75. $\cot 2x \equiv \frac{\cot^2 x - 1}{2 \cot x}$ (***)

$$\begin{aligned} \text{LHS} &= \cot 2x = \frac{\cos 2x}{\sin 2x} = \frac{\cos^2 x - \sin^2 x}{2\sin x \cos x} \\ &= \frac{\frac{\cos^2 x}{\sin^2 x} - \frac{\sin^2 x}{\sin^2 x}}{\frac{2\sin x \cos x}{\sin^2 x}} = \frac{\cot^2 x - 1}{2 \frac{\cos x}{\sin x}} = \frac{\cot^2 x - 1}{2 \cot x} = \text{RHS} \\ \text{LHS} &= \cot 2x = \frac{1}{\tan 2x} = \frac{1}{\frac{2 \tan x}{1 - \tan^2 x}} \\ &= \frac{1 - \tan^2 x}{2 \tan x} = \frac{\cot^2 x - 1}{2 \cot x} = \text{RHS} \end{aligned}$$

76. $\frac{\sin 3\theta}{\sin \theta} - \frac{\cos 3\theta}{\cos \theta} \equiv 2$ (***)

$$\begin{aligned} \text{LHS} &= \frac{\sin 3\theta}{\sin \theta} - \frac{\cos 3\theta}{\cos \theta} = \frac{\sin 3\theta \cos \theta - \cos 3\theta \sin \theta}{\sin \theta \cos \theta} = \frac{\sin(3\theta - \theta)}{\sin \theta \cos \theta} \\ &= \frac{\sin 2\theta}{\sin \theta \cos \theta} = \frac{2 \sin \theta \cos \theta}{\sin \theta \cos \theta} = 2 = \text{RHS} \end{aligned}$$

77. $2 - 2 \tan x - \frac{2 \tan x}{\tan 2x} \equiv (1 - \tan x)^2$ (****)

LHS = $2 - 2 \tan x - \frac{2 \tan x}{\tan 2x} = 2 - 2 \tan x - \frac{2 \tan x (1 - \tan^2 x)}{1 - \tan^2 x}$ (****)
 MULTIPLY TOP & BOTTOM OF THE FRACTION BY $(1 - \tan^2 x)$
 $= 2 - 2 \tan x - \frac{2 \tan x (1 - \tan^2 x)}{1 - \tan^2 x} = 2 - 2 \tan x - 1 + \tan^2 x$
 $= \tan^2 x - 2 \tan x + 1 = (\tan x - 1)^2 = \text{RHS}$
 R. SIMILAR AT $(1 - \tan x)^2$

78. $\frac{1 + \cos x}{1 - \cos x} \equiv \cot^2 \frac{x}{2}$ (****)

LHS = $\frac{1 + \cos x}{1 - \cos x} = \frac{1 + (2 \cos^2 \frac{x}{2} - 1)}{1 - (2 \cos^2 \frac{x}{2} - 1)}$
 $= \frac{2 \cos^2 \frac{x}{2}}{2 - 2 \cos^2 \frac{x}{2}} = \frac{\cos^2 \frac{x}{2}}{\sin^2 \frac{x}{2}} = \cot^2 \frac{x}{2} = \text{RHS}$

79. $2(\sec \theta - \cos \theta)(\operatorname{cosec} \theta - \sin \theta) \equiv \sin 2\theta$ (****)

LHS = $2(\sec \theta - \cos \theta)(\operatorname{cosec} \theta - \sin \theta) = 2\left(\frac{1}{\cos \theta} - \cos \theta\right)\left(\frac{1}{\sin \theta} - \sin \theta\right)$
 $= 2\left(\frac{1 - \cos^2 \theta}{\cos \theta}\right)\left(\frac{1 - \sin^2 \theta}{\sin \theta}\right) = 2\left(\frac{\sin^2 \theta}{\cos \theta}\right)\left(\frac{\cos^2 \theta}{\sin \theta}\right)$
 $= 2 \sin \theta \cos \theta = \sin 2\theta = \text{RHS}$

80. $\cot x - 2 \cot 2x \equiv \tan x$ (****)

LHS = $\cot x - 2 \cot 2x = \cot x - \frac{2}{\tan 2x} = \cot x - \frac{2(1 - \tan^2 x)}{2 \tan x}$
 $= \cot x - \frac{1 - \tan^2 x}{\tan x} = \frac{\cot x \tan x - (1 - \tan^2 x)}{\tan x}$
 $= \frac{1 - 1 + \tan^2 x}{\tan x} = \frac{\tan^2 x}{\tan x} = \tan x = \text{RHS}$

81. $\frac{1}{\cos \theta - \sin \theta} + \frac{1}{\cos \theta + \sin \theta} \equiv \frac{2 \sec \theta}{1 - \tan^2 \theta}$ (****)

$$\begin{aligned} \text{LHS} &= \frac{1}{\cos \theta - \sin \theta} + \frac{1}{\cos \theta + \sin \theta} = \frac{(\cos \theta + \sin \theta) + (\cos \theta - \sin \theta)}{(\cos \theta - \sin \theta)(\cos \theta + \sin \theta)} \\ &= \frac{2 \cos \theta}{\cos^2 \theta - \sin^2 \theta} = \frac{2 \cos \theta}{\cos^2 \theta - \sin^2 \theta} = \frac{2}{\cos \theta} \cdot \frac{\cos \theta}{1 - \tan^2 \theta} \\ &= \frac{2 \sec \theta}{1 - \tan^2 \theta} = \text{RHS} \end{aligned}$$

82. $\frac{1 + \sin x}{\cos x} \equiv \frac{\cos x}{1 - \sin x}$ (****)

$$\begin{aligned} \text{LHS} &= \frac{1 + \sin x}{\cos x} = \frac{(1 + \sin x)(1 - \sin x)}{\cos x(1 - \sin x)} = \frac{1 - \sin^2 x}{\cos x(1 - \sin x)} = \frac{\cos^2 x}{\cos x(1 - \sin x)} \\ &= \frac{\cos x}{1 - \sin x} = \text{RHS} \end{aligned}$$

83. $\cos^3 \theta + \sin^3 \theta \equiv (\cos \theta + \sin \theta)(1 - \sin \theta \cos \theta)$ (****)

$$\begin{aligned} \text{RHS} &= (\cos \theta + \sin \theta)(1 - \sin \theta \cos \theta) = (\cos \theta + \sin \theta)(\cos^2 \theta + \sin^2 \theta - \sin \theta \cos \theta) \\ &= \cos^3 \theta + \cos \theta \sin^2 \theta - \sin^2 \theta \cos \theta + \sin^3 \theta + \sin^2 \theta \cos \theta - \sin \theta \cos^2 \theta \\ &= \cos^3 \theta + \sin^3 \theta = \text{LHS} \end{aligned}$$

ALTERNATIVE: using $A^3 + B^3 = (A+B)(A^2 - AB + B^2)$ AND START FROM THE LEFT

84. $\frac{2 \tan 2x}{\tan 2x - \sin 2x} \equiv \operatorname{cosec}^2 x$ (****)

$$\begin{aligned} \text{LHS} &= \frac{2 \tan 2x}{\tan 2x - \sin 2x} = \frac{2 \sin 2x}{\cos 2x} \cdot \frac{1}{\tan 2x - \sin 2x} = \frac{2 \sin 2x}{\cos 2x} \cdot \frac{1}{\frac{\sin 2x}{\cos 2x} - \sin 2x} \\ &= \frac{2 \sin 2x}{\cos 2x} \cdot \frac{1}{\frac{\sin 2x - \sin 2x \cos 2x}{\cos 2x}} = \frac{2 \sin 2x}{\cos 2x} \cdot \frac{\cos 2x}{\sin 2x(1 - \cos 2x)} \\ &= \frac{2}{1 - \cos 2x} = \frac{2}{1 - (1 - 2 \sin^2 x)} = \frac{2}{2 \sin^2 x} = \operatorname{cosec}^2 x = \text{RHS} \end{aligned}$$

85. $\operatorname{cosec} 2\theta - \cot 2\theta \equiv \tan \theta$ (****)

$$\begin{aligned} \text{LHS} &= \operatorname{cosec} 2\theta - \cot 2\theta = \frac{1}{\sin 2\theta} - \frac{\cos 2\theta}{\sin 2\theta} = \frac{1 - \cos 2\theta}{\sin 2\theta} \\ &= \frac{1 - (1 - 2\sin^2 \theta)}{2\sin \theta \cos \theta} = \frac{2\sin^2 \theta}{2\sin \theta \cos \theta} = \frac{\sin \theta}{\cos \theta} = \tan \theta = \text{RHS} \end{aligned}$$

86. $\frac{\sin x}{1 - \cos x} \equiv \cot \frac{x}{2}$ (****)

$$\begin{aligned} \text{LHS} &= \frac{\sin x}{1 - \cos x} = \frac{2\sin \frac{x}{2} \cos \frac{x}{2}}{1 - (1 - 2\sin^2 \frac{x}{2})} \\ &= \frac{2\sin \frac{x}{2} \cos \frac{x}{2}}{2\sin^2 \frac{x}{2}} = \frac{\sin \frac{x}{2} \cos \frac{x}{2}}{\sin^2 \frac{x}{2}} \\ &= \frac{\cos \frac{x}{2}}{\sin \frac{x}{2}} = \cot \frac{x}{2} = \text{RHS} \end{aligned}$$

$\sin 2\theta = 2\sin \theta \cos \theta$
 $\sin A = \sin(\theta + \theta) = 2\sin \frac{\theta}{2} \cos \frac{\theta}{2}$
 $\cos 2\theta = 1 - 2\sin^2 \theta$
 $\cos A = \cos(\theta + \theta) = 1 - 2\sin^2 \frac{\theta}{2}$

87. $\frac{2 \tan x}{\tan x + \sin x} \equiv \sec^2 \left(\frac{x}{2} \right)$ (****)

$$\begin{aligned} \text{LHS} &= \frac{2 \tan x}{\tan x + \sin x} = \frac{2 \frac{\sin x}{\cos x}}{\frac{\sin x}{\cos x} + \sin x} \quad \text{Multiply top \& bottom by } \cos x = \frac{2 \sin x}{\sin x + \sin x \cos x} \\ &= \frac{2}{1 + \cos x} \quad \left\{ \begin{array}{l} \cos 2\theta = 2\cos^2 \theta - 1 \\ \cos x = 2\cos^2 \left(\frac{x}{2} \right) - 1 \end{array} \right. = \frac{2}{1 + (2\cos^2 \frac{x}{2} - 1)} \\ &= \frac{2}{2\cos^2 \left(\frac{x}{2} \right)} = \frac{1}{\cos^2 \left(\frac{x}{2} \right)} = \sec^2 \frac{x}{2} = \text{RHS} \end{aligned}$$

88. $\frac{\operatorname{cosec} x}{1 + \operatorname{cosec} x} - \frac{\operatorname{cosec} x}{1 - \operatorname{cosec} x} \equiv 2 \sec^2 x$ (****)

$$\begin{aligned} \text{LHS} &= \frac{\operatorname{cosec} x}{1 + \operatorname{cosec} x} - \frac{\operatorname{cosec} x}{1 - \operatorname{cosec} x} = \frac{\frac{1}{\sin x}}{1 + \frac{1}{\sin x}} - \frac{\frac{1}{\sin x}}{1 - \frac{1}{\sin x}} \\ &= \frac{1}{\sin x + 1} - \frac{1}{\sin x - 1} = \frac{(\sin x - 1) - (\sin x + 1)}{(\sin x + 1)(\sin x - 1)} \\ &= \frac{-2}{\sin^2 x - 1} = \frac{2}{1 - \sin^2 x} = \frac{2}{\cos^2 x} = 2 \sec^2 x \end{aligned}$$

89. $\sin(x+y)\sin(x-y) \equiv \cos^2 y - \cos^2 x$ (****)

$$\begin{aligned} \text{LHS} &= \sin(x+y)\sin(x-y) \\ &= [\sin x \cos y + \cos x \sin y][\sin x \cos y - \cos x \sin y] \\ &= \text{Difference of squares} \dots = (\sin x \cos y)^2 - (\cos x \sin y)^2 \\ &= \sin^2 x \cos^2 y - \cos^2 x \sin^2 y = (1 - \cos^2 x) \cos^2 y - \cos^2 x \sin^2 y \\ &= \cos^2 y - \cos^2 x \cos^2 y - \cos^2 x \sin^2 y \\ &= \cos^2 y - \cos^2 x (\cos^2 y + \sin^2 y) \\ &= \cos^2 y - \cos^2 x \end{aligned}$$

90. $\cot(x+y) \equiv \frac{\cot x \cot y - 1}{\cot x + \cot y}$ (****)

$$\begin{aligned} \text{LHS} &= \cot(x+y) = \frac{\cos(x+y)}{\sin(x+y)} = \frac{\cos x \cos y - \sin x \sin y}{\sin x \cos y + \cos x \sin y} \\ &= \frac{\frac{\cos x \cos y}{\sin x \cos y} - \frac{\sin x \sin y}{\sin x \cos y}}{\frac{\sin x \cos y}{\sin x \cos y} + \frac{\cos x \sin y}{\sin x \cos y}} = \frac{\cot x \cot y - 1}{\cot y + \cot x} = \text{RHS} \\ \text{LHS} &= \cot(x+y) = \frac{1}{\tan(x+y)} = \frac{1}{\frac{\tan x + \tan y}{1 - \tan x \tan y}} = \frac{1 - \tan x \tan y}{\tan x + \tan y} \\ &= \frac{1}{\frac{\tan x + \tan y}{\sin x \cos x}} - \frac{\tan x \tan y}{\frac{\tan x + \tan y}{\sin x \cos x}} = \frac{\cos x + \cos y}{\tan x + \tan y} - 1 = \frac{\cos x + \cos y - \tan x - \tan y}{\tan x + \tan y} = \text{RHS} \end{aligned}$$

91. $\frac{\cos x}{1 - \sin x} + \frac{1 - \sin x}{\cos x} \equiv 2 \sec x$ (****)

$$\begin{aligned} \text{LHS} &= \frac{\cos x}{1 - \sin x} + \frac{1 - \sin x}{\cos x} = \frac{\cos^2 x + (1 - \sin x)^2}{(1 - \sin x) \cos x} \\ &= \frac{\cos^2 x + 1 - 2\sin x + \sin^2 x}{(1 - \sin x) \cos x} = \frac{2 - 2\sin x}{(1 - \sin x) \cos x} \\ &= \frac{2(1 - \sin x)}{(1 - \sin x) \cos x} = \frac{2}{\cos x} = 2 \sec x = \text{RHS} \end{aligned}$$

92. $\sin^2\left(\theta + \frac{\pi}{4}\right) - \sin^2\left(\theta - \frac{\pi}{4}\right) \equiv \sin 2\theta$ (***)

$$\begin{aligned} \text{LHS} &= \sin^2\left(\theta + \frac{\pi}{4}\right) - \sin^2\left(\theta - \frac{\pi}{4}\right) = \left[\sin\left(\theta + \frac{\pi}{4}\right)\right]^2 - \left[\sin\left(\theta - \frac{\pi}{4}\right)\right]^2 \\ &= (\sin\theta \cos\frac{\pi}{4} + \cos\theta \sin\frac{\pi}{4})^2 - (\sin\theta \cos\frac{\pi}{4} - \cos\theta \sin\frac{\pi}{4})^2 \\ &= \left(\frac{\sqrt{2}}{2}\sin\theta + \frac{\sqrt{2}}{2}\cos\theta\right)^2 - \left(\frac{\sqrt{2}}{2}\sin\theta - \frac{\sqrt{2}}{2}\cos\theta\right)^2 \\ &= \frac{1}{2}(\sin\theta + \cos\theta)^2 - \frac{1}{2}(\sin\theta - \cos\theta)^2 \\ &= \frac{1}{2}(\sin^2\theta + 2\sin\theta\cos\theta + \cos^2\theta) - \frac{1}{2}(\sin^2\theta - 2\sin\theta\cos\theta + \cos^2\theta) \\ &= \frac{1}{2}(1 + 2\sin\theta\cos\theta) - \frac{1}{2}(1 - 2\sin\theta\cos\theta) \\ &= \frac{1}{2} + \sin\theta\cos\theta - \frac{1}{2} + \sin\theta\cos\theta \\ &= 2\sin\theta\cos\theta = \sin 2\theta = \text{RHS} \end{aligned}$$

93. $\tan\left(\theta + \frac{\pi}{4}\right) + \tan\left(\theta - \frac{\pi}{4}\right) \equiv 2 \tan 2\theta$ (***)

$$\begin{aligned} \text{LHS} &= \tan\left(\theta + \frac{\pi}{4}\right) + \tan\left(\theta - \frac{\pi}{4}\right) = \frac{\tan\theta + \tan\frac{\pi}{4}}{1 - \tan\theta \tan\frac{\pi}{4}} + \frac{\tan\theta - \tan\frac{\pi}{4}}{1 + \tan\theta \tan\frac{\pi}{4}} \\ &= \frac{\tan\theta + 1}{1 - \tan\theta} + \frac{\tan\theta - 1}{1 + \tan\theta} = \frac{(\tan\theta + 1)(1 + \tan\theta) + (\tan\theta - 1)(1 - \tan\theta)}{(1 - \tan\theta)(1 + \tan\theta)} \\ &= \frac{\tan^2\theta + 2\tan\theta + 1 + \tan^2\theta - \tan^2\theta + 1 - \tan\theta}{1 - \tan^2\theta} = \frac{2\tan\theta + 2}{1 - \tan^2\theta} \\ &= \frac{4\tan\theta}{1 - \tan^2\theta} = 2 \left(\frac{2\tan\theta}{1 - \tan^2\theta} \right) = 2 \tan 2\theta = \text{RHS} \end{aligned}$$

94. $(\cos x + \sin x)(\operatorname{cosec} x - \sec x) \equiv 2 \cot 2x$ (***)

$$\begin{aligned} \text{LHS} &= (\cos x + \sin x)(\operatorname{cosec} x - \sec x) \\ &= \cos x \operatorname{cosec} x - \cos x \sec x + \sin x \operatorname{cosec} x - \sin x \sec x \\ &= \frac{\cos x}{\sin x} - 1 + 1 - \frac{\sin x}{\cos x} = \frac{\cos^2 x}{\sin x} - \frac{\sin^2 x}{\cos x} \\ &= \frac{\cos^2 x - \sin^2 x}{\cos x \sin x} = \frac{\cos 2x}{\frac{1}{2} \sin 2x} = \frac{2 \cos 2x}{\sin 2x} \\ &= 2 \cot 2x = \text{RHS} \end{aligned}$$

95. $\sin P - \sin Q \equiv 2 \cos\left(\frac{P+Q}{2}\right) \sin\left(\frac{P-Q}{2}\right)$ (****)

$\sin(A+B) = \sin A \cos B + \cos A \sin B$
 $\sin(A-B) = \sin A \cos B - \cos A \sin B$ Subtract Equations
 $\sin(A+B) - \sin(A-B) = 2 \cos A \sin B$
 Let $P = A+B$
 $Q = A-B$ \rightarrow Add $P+Q = 2A$
 $A = \frac{P+Q}{2}$
 \Rightarrow Subtract $P-Q = 2B$
 $B = \frac{P-Q}{2}$
 Hence $\sin(A+B) - \sin(A-B) = 2 \cos A \sin B$ Now Reinsert
 $\sin P - \sin Q = 2 \cos\left(\frac{P+Q}{2}\right) \sin\left(\frac{P-Q}{2}\right)$

96. $\frac{\cot \theta}{\operatorname{cosec} \theta - 1} - \frac{\cos \theta}{1 + \sin \theta} \equiv 2 \tan \theta$ (****)

$LHS = \frac{\cot \theta}{\operatorname{cosec} \theta - 1} - \frac{\cos \theta}{1 + \sin \theta} = \frac{\frac{\cos \theta}{\sin \theta}}{\frac{1}{\sin \theta} - 1} - \frac{\cos \theta}{1 + \sin \theta}$ Multiply top and bottom of 1st term by $\sin \theta$
 $= \frac{\cos \theta}{1 - \sin \theta} - \frac{\cos \theta}{1 + \sin \theta} = \frac{\cos \theta(1 + \sin \theta) - \cos \theta(1 - \sin \theta)}{(1 - \sin \theta)(1 + \sin \theta)}$
 $= \frac{\cos \theta + \cos \theta \sin \theta - \cos \theta + \cos \theta \sin \theta}{1 - \sin^2 \theta} = \frac{2 \cos \theta \sin \theta}{\cos^2 \theta} = \frac{2 \sin \theta}{\cos \theta}$
 $= 2 \tan \theta = RHS$

97. $\operatorname{cosec} \theta - \cot \theta \equiv \tan \frac{1}{2} \theta$ (****)

$LHS = \operatorname{cosec} \theta - \cot \theta = \frac{1}{\sin \theta} - \frac{\cos \theta}{\sin \theta} = \frac{1 - \cos \theta}{\sin \theta}$
 $= \frac{1 - (1 - 2 \sin^2 \frac{\theta}{2})}{2 \sin \frac{\theta}{2} \cos \frac{\theta}{2}} = \frac{2 \sin^2 \frac{\theta}{2}}{2 \sin \frac{\theta}{2} \cos \frac{\theta}{2}} = \frac{\sin \frac{\theta}{2}}{\cos \frac{\theta}{2}} = \tan \frac{\theta}{2}$
 $= RHS$
 (Note: $\cos 2A = 1 - 2 \sin^2 A$
 $\cos A = 1 - 2 \sin^2 \frac{A}{2}$
 $\sin 2A = 2 \sin A \cos A$
 $\sin A = 2 \sin \frac{A}{2} \cos \frac{A}{2}$)

98. $\frac{\sin 3\theta}{\cos \theta} + \frac{\cos 3\theta}{\sin \theta} \equiv 2 \cot 2\theta$ (****)

LHS: $\frac{\sin 3\theta}{\cos \theta} + \frac{\cos 3\theta}{\sin \theta} = \frac{\sin 3\theta \sin \theta + \cos 3\theta \cos \theta}{\cos \theta \sin \theta} \leftarrow \text{combine into 1 fraction}$
 $= \frac{\cos(\theta - 3\theta)}{\cos \theta \sin \theta} = \frac{\cos(-2\theta)}{\cos \theta \sin \theta} = \frac{\cos 2\theta}{\cos \theta \sin \theta} = \frac{2 \cos 2\theta}{2 \cos \theta \sin \theta} = \frac{2 \cos 2\theta}{\sin 2\theta} = 2 \cot 2\theta = \text{RHS}$

99. $\frac{\cot x}{\operatorname{cosec} x - 1} - \frac{\operatorname{cosec} x - 1}{\cot x} \equiv 2 \tan x$ (****)

LHS: $\frac{\cot x}{\operatorname{cosec} x - 1} - \frac{\operatorname{cosec} x - 1}{\cot x} = \frac{\cot^2 x - (\operatorname{cosec} x - 1)^2}{\cot x (\operatorname{cosec} x - 1)}$
 $= \frac{\cot^2 x - \operatorname{cosec}^2 x + 2 \operatorname{cosec} x - 1}{\cot x (\operatorname{cosec} x - 1)} = \frac{(\cot^2 x - \operatorname{cosec}^2 x) + 2 \operatorname{cosec} x - 1}{\cot x (\operatorname{cosec} x - 1)}$
 $= \frac{-2 \operatorname{cosec} x + 1}{\cot x (\operatorname{cosec} x - 1)} = \frac{-2 \operatorname{cosec} x + 1}{\cot x (\operatorname{cosec} x - 1)} = \frac{2 \operatorname{cosec} x - 1}{\cot x (\operatorname{cosec} x - 1)}$
 $= \frac{2 \operatorname{cosec} x - 1}{\cot x (\operatorname{cosec} x - 1)} = \frac{2}{\cot x} = 2 \tan x = \text{RHS}$

100. $\sin^2(x+y) - \sin^2(x-y) \equiv \sin 2x \sin 2y$ (****)

LHS: $\sin^2(x+y) - \sin^2(x-y)$
 $= [\sin(x+y) - \sin(x-y)] [\sin(x+y) + \sin(x-y)]$
 $= [\sin x \cos y + \cos x \sin y - (\sin x \cos y - \cos x \sin y)]$
 $\times [\sin x \cos y + \cos x \sin y + \sin x \cos y - \cos x \sin y]$
 $= (2 \cos x \sin y) (2 \sin x \cos y)$
 $= (2 \cos x \sin x) (2 \sin y \cos y)$
 $= \sin 2x \sin 2y$
 $= \text{RHS}$

101. $\cos P + \cos Q \equiv 2 \cos\left(\frac{P+Q}{2}\right) \cos\left(\frac{P-Q}{2}\right)$ (****)

$\cos(A+B) = \cos A \cos B - \sin A \sin B$
 $\cos(A-B) = \cos A \cos B + \sin A \sin B$ — Add equations
 $\cos(A+B) + \cos(A-B) = 2 \cos A \cos B$ (*)
 Let $P=A+B$ and $Q=A-B$ — add equations, subtract equations
 $P+Q = 2A$ $P-Q = 2B$
 $\frac{P+Q}{2} = A$ $\frac{P-Q}{2} = B$
 Hence (*) becomes
 $\cos P + \cos Q = 2 \cos\left(\frac{P+Q}{2}\right) \cos\left(\frac{P-Q}{2}\right)$

102. $\frac{\cos 4\theta + \cos 2\theta}{\sin 4\theta - \sin 2\theta} \equiv \cot \theta$ (***)

Handwritten solution for problem 102, left side. It shows the identity $\cos A \cos B = \frac{1}{2}(\cos(A+B) + \cos(A-B))$ and $\sin A \sin B = \frac{1}{2}(\cos(A-B) - \cos(A+B))$. Then it applies these to the numerator and denominator of the given expression, resulting in $\cot \theta = \text{RHS}$.

Handwritten solution for problem 102, right side. It shows the identity $\cos A + \cos B = 2 \cos \frac{A+B}{2} \cos \frac{A-B}{2}$ and $\sin A - \sin B = 2 \cos \frac{A+B}{2} \sin \frac{A-B}{2}$. Then it applies these to the given expression, resulting in $\cot \theta = \text{RHS}$.

103. $\frac{\sin x}{1 + \tan x} \equiv \frac{\cos x}{1 + \cot x}$ (***)

Handwritten solution for problem 103. It shows two methods. Method 1: $\frac{\sin x}{1 + \tan x} = \frac{\sin x}{1 + \frac{\sin x}{\cos x}} = \frac{\sin x \cos x}{\cos x + \sin x} = \frac{\sin x \cos x}{\cos x + \sin x}$. Method 2: $\frac{\sin x}{1 + \tan x} = \frac{\sin x}{1 + \frac{\sin x}{\cos x}} = \frac{\sin x \cos x}{\cos x + \sin x} = \frac{\cos x \sin x}{\cos x + \sin x}$.

104. $\frac{1 + \sin \theta}{1 - \sin \theta} \equiv (\sec \theta + \tan \theta)^2$ (***)

Handwritten solution for problem 104. It shows the identity $\frac{1 + \sin \theta}{1 - \sin \theta} = \frac{(1 + \sin \theta)(1 + \sin \theta)}{(1 - \sin \theta)(1 + \sin \theta)} = \frac{1 + 2\sin \theta + \sin^2 \theta}{1 - \sin^2 \theta}$. Then it simplifies the expression to $(\sec \theta + \tan \theta)^2 = \text{RHS}$.

105. $\cot^2 x - \tan^2 x \equiv 4 \cot 2x \operatorname{cosec} 2x$ (****+)

$$\begin{aligned} \text{LHS} &= \cot^2 x - \tan^2 x = \frac{\cos^2 x}{\sin^2 x} - \frac{\sin^2 x}{\cos^2 x} = \frac{\cos^4 x - \sin^4 x}{\sin^2 x \cos^2 x} \\ &= \frac{(\cos^2 x)^2 - (\sin^2 x)^2}{\frac{1}{2} \times 4 \sin^2 x \cos^2 x} = \frac{(\cos^2 x - \sin^2 x)(\cos^2 x + \sin^2 x)}{\frac{1}{2} (2 \sin x \cos x)^2} \\ &= \frac{\cos 2x}{\frac{1}{2} (\sin 2x)^2} = \frac{2 \cos 2x}{\sin^2 2x} = \frac{2 \cos 2x}{\sin 2x} \times \frac{1}{\sin 2x} \\ &= 4 \cot 2x \operatorname{cosec} 2x = \text{RHS} \\ \text{OR} \\ \text{RHS} &= 4 \cot 2x \operatorname{cosec} 2x = 4 \frac{\cos 2x}{\sin 2x} \times \frac{1}{\sin 2x} = \frac{4 \cos 2x}{\sin^2 2x} \\ &= \frac{4(\cos^2 x - \sin^2 x)}{(2 \sin x \cos x)^2} = \frac{4 \cos^2 x - 4 \sin^2 x}{4 \sin^2 x \cos^2 x} = \frac{4 \cos^2 x}{4 \sin^2 x \cos^2 x} - \frac{4 \sin^2 x}{4 \sin^2 x \cos^2 x} \\ &= \frac{\cos^2 x}{\sin^2 x \cos^2 x} - \frac{\sin^2 x}{\sin^2 x \cos^2 x} = (1 + \cot^2 x) - (1 + \tan^2 x) \\ &= \cot^2 x - \tan^2 x = \text{LHS} \end{aligned}$$

106. $\tan\left(\theta - \frac{\pi}{4}\right) \equiv \frac{\sin 2\theta - 1}{\cos 2\theta}$ (****+)

$$\begin{aligned} \text{LHS} &= \tan\left(\theta - \frac{\pi}{4}\right) = \frac{\tan \theta - \tan \frac{\pi}{4}}{1 + \tan \theta \tan \frac{\pi}{4}} = \frac{\tan \theta - 1}{1 + \tan \theta} = \frac{\frac{\sin \theta}{\cos \theta} - 1}{\frac{\cos \theta}{\cos \theta} + \frac{\sin \theta}{\cos \theta}} \\ &= \frac{\frac{\sin \theta - \cos \theta}{\cos \theta}}{\frac{\cos \theta + \sin \theta}{\cos \theta}} = \frac{(\sin \theta - \cos \theta)(\cos \theta - \sin \theta)}{(\cos \theta + \sin \theta)(\cos \theta - \sin \theta)} \\ &= \frac{-(\cos \theta - \sin \theta)^2}{\cos^2 \theta - \sin^2 \theta} = \frac{-\sin^2 \theta + \cos^2 \theta - 2 \sin \theta \cos \theta}{\cos 2\theta} = \frac{1 - \sin 2\theta}{\cos 2\theta} \\ &= \frac{\sin 2\theta - 1}{\cos 2\theta} = \text{RHS} \end{aligned}$$

107. $\frac{1 + \cos \theta}{1 - \cos \theta} \equiv (\operatorname{cosec} \theta + \cot \theta)^2$ (****+)

$$\begin{aligned} \text{LHS} &= \frac{1 + \cos \theta}{1 - \cos \theta} = \frac{(1 + \cos \theta)(1 + \cos \theta)}{(1 - \cos \theta)(1 + \cos \theta)} = \frac{1 + 2 \cos \theta + \cos^2 \theta}{1 - \cos^2 \theta} \\ &= \frac{1 + 2 \cos \theta + \cos^2 \theta}{\sin^2 \theta} = \frac{1}{\sin^2 \theta} + \frac{2 \cos \theta}{\sin^2 \theta} + \frac{\cos^2 \theta}{\sin^2 \theta} \\ &= \operatorname{cosec}^2 \theta + 2 \frac{\cos \theta}{\sin^2 \theta} + \frac{1}{\sin^2 \theta} = \operatorname{cosec}^2 \theta + 2 \cot \theta \operatorname{cosec} \theta + \operatorname{cosec}^2 \theta \\ &= (\operatorname{cosec} \theta + \cot \theta)^2 = \text{RHS} \end{aligned}$$

108. $\frac{2 \sin x \cos x - \cos x}{1 - \sin x + \sin^2 x - \cos^2 x} \equiv \cot x$ (****+)

$$\begin{aligned} \text{LHS} &= \frac{2 \sin x \cos x - \cos x}{1 - \sin x + \sin^2 x - \cos^2 x} = \frac{\cos x (2 \sin x - 1)}{1 - \sin x + \sin^2 x - \cos^2 x} \\ &= \frac{\cos x (2 \sin x - 1)}{1 - \sin x + \sin^2 x - (1 - \sin^2 x)} = \frac{\cos x (2 \sin x - 1)}{2 \sin^2 x - \sin x} \\ &= \frac{\cos x (2 \sin x - 1)}{\sin x (2 \sin x - 1)} = \cot x = \text{RHS} \end{aligned}$$

109. $\tan\left(\theta + \frac{\pi}{4}\right) \equiv \sec 2\theta + \tan 2\theta$ (****+)

$$\begin{aligned} \text{LHS} &= \tan\left(\theta + \frac{\pi}{4}\right) = \frac{\tan \theta + \tan \frac{\pi}{4}}{1 - \tan \theta \tan \frac{\pi}{4}} = \frac{\tan \theta + 1}{1 - \tan \theta} \\ &= \frac{(\tan \theta + 1)(1 + \tan \theta)}{(1 - \tan \theta)(1 + \tan \theta)} = \frac{\tan^2 \theta + 1 + 2 \tan \theta}{1 - \tan^2 \theta} \\ &= \frac{\sec^2 \theta}{1 - \tan^2 \theta} + \frac{2 \tan \theta}{1 - \tan^2 \theta} = \frac{1}{1 - \frac{\sin^2 \theta}{\cos^2 \theta}} + \frac{2 \tan \theta}{1 - \frac{\sin^2 \theta}{\cos^2 \theta}} \\ &= \frac{1}{\frac{\cos^2 \theta - \sin^2 \theta}{\cos^2 \theta}} + \frac{2 \tan \theta}{\frac{\cos^2 \theta - \sin^2 \theta}{\cos^2 \theta}} \\ &= \frac{1}{\cos^2 \theta} + \tan 2\theta = \sec^2 \theta + \tan 2\theta = \text{RHS} \end{aligned}$$

110. $2 \cos^4 \theta + \frac{1}{2} \sin^2 2\theta - 1 \equiv \cos 2\theta$ (****+)

$$\begin{aligned} \cos 2\theta &= 2 \cos^2 \theta - 1 \\ 1 + \cos 2\theta &= 2 \cos^2 \theta \\ (1 + \cos 2\theta)^2 &= 4 \cos^4 \theta \\ 1 + 2 \cos 2\theta + \cos^2 2\theta &= 4 \cos^4 \theta \\ \frac{1}{2} + \cos 2\theta + \frac{1}{2} \cos^2 2\theta &= 2 \cos^4 \theta \end{aligned}$$

$$\begin{aligned} \text{LHS} &= 2 \cos^4 \theta + \frac{1}{2} \sin^2 2\theta - 1 \\ &= \left(\frac{1}{2} + \cos 2\theta + \frac{1}{2} \cos^2 2\theta\right) + \frac{1}{2} \sin^2 2\theta - 1 \\ &= -\frac{1}{2} + \frac{1}{2} (\cos^2 2\theta + \sin^2 2\theta) + \cos 2\theta \\ &= -\frac{1}{2} + \frac{1}{2} + \cos 2\theta \\ &= \cos 2\theta \\ &= \text{RHS} \end{aligned}$$

111. $\sqrt{1 + \sin 2\theta} \equiv \sin \theta + \cos \theta$ (****+)

$$\begin{aligned} \text{LHS} &= \sqrt{1 + \sin 2\theta} = \sqrt{\cos^2 \theta + \sin^2 \theta + 2 \sin \theta \cos \theta} \\ &= \sqrt{(\cos \theta + \sin \theta)^2} = \cos \theta + \sin \theta = \text{RHS} \end{aligned}$$

112. $8 \cos^4\left(\frac{1}{2}\theta\right) \equiv \cos 2\theta + 4 \cos \theta + 3$ (****+)

NOTE $\cos 2A = 2\cos^2 A - 1$
 $2\cos^2 A = 1 + \cos 2A$
 $\cos^2 A = \frac{1}{2} + \frac{1}{2}\cos 2A$

Hence $\cos^2\left(\frac{1}{2}\theta\right) = \frac{1}{2} + \frac{1}{2}\cos \theta$
 $\cos^4\left(\frac{1}{2}\theta\right) = \left(\frac{1}{2} + \frac{1}{2}\cos \theta\right)^2$

LHS = $8 \cos^4\left(\frac{1}{2}\theta\right) = 8 \left(\cos^2\left(\frac{1}{2}\theta\right)\right)^2 = 8 \left(\frac{1}{2} + \frac{1}{2}\cos \theta\right)^2$
 $= 8 \times \left(\frac{1}{4}\right) (1 + \cos \theta)^2 = 2(1 + \cos \theta)^2 = 2(1 + 2\cos \theta + \cos^2 \theta)$
 $= 2 + 4\cos \theta + 2\cos^2 \theta = 2 + 4\cos \theta + 2\left(\frac{1}{2} + \frac{1}{2}\cos 2\theta\right)$
 $= 2 + 4\cos \theta + 1 + \cos 2\theta = \cos 2\theta + 4\cos \theta + 3 = \text{RHS}$

113. $\tan(A+B+C) \equiv \frac{\tan A + \tan B + \tan C - \tan A \tan B \tan C}{1 - \tan A \tan B - \tan B \tan C - \tan C \tan A}$ (****+)

LHS = $\tan(A+B+C) = \tan((A+B)+C) = \frac{\frac{\tan A + \tan B}{1 - \tan A \tan B} + \tan C}{1 - \left(\frac{\tan A + \tan B}{1 - \tan A \tan B}\right) \tan C}$

MULTIPLY TOP & BOTTOM BY $1 - \tan A \tan B$

$= \frac{(\tan A + \tan B) + \tan C(1 - \tan A \tan B)}{1 - \tan A \tan B - (\tan A + \tan B) \tan C}$
 $= \frac{\tan A + \tan B + \tan C - \tan A \tan B \tan C}{1 - \tan A \tan B - \tan A \tan C - \tan B \tan C}$
 $= \text{RHS}$

114. $\frac{2 \sec^2 \theta - \cos 2\theta - 1}{2 \tan \theta + \sin 2\theta} \equiv \tan \theta$ (****+)

LHS = $\frac{2 \sec^2 \theta - \cos 2\theta - 1}{2 \tan \theta + \sin 2\theta} = \frac{2 \sec^2 \theta - (2\cos^2 \theta - 1) - 1}{2 \tan \theta + 2 \sin \theta \cos \theta}$
 $= \frac{2 \sec^2 \theta - 2\cos^2 \theta}{2 \tan \theta + 2 \sin \theta \cos \theta} = \frac{\frac{2}{\cos^2 \theta} - 2\cos^2 \theta}{\frac{2 \sin \theta}{\cos \theta} + 2 \sin \theta \cos \theta} =$

MULTIPLY TOP & BOTTOM BY $\cos^2 \theta$, OR SIMPLY ACROSS FRACTIONS INSTEAD

$= \frac{2 - 2\cos^4 \theta}{2 \sin \theta + 2 \sin \theta \cos^2 \theta} = \frac{2(1 - \cos^2 \theta)(1 + \cos^2 \theta)}{2 \sin \theta (1 + \cos^2 \theta)}$
 $= \frac{2 \sin^2 \theta}{2 \sin \theta} = \frac{\sin \theta}{\cos \theta} = \tan \theta = \text{RHS}$

115. $\tan 3x \equiv \frac{3 \tan x - \tan^3 x}{1 - 3 \tan^2 x}$ (****+)

$$\begin{aligned} \text{LHS} &= \tan 3x = \tan(2x+x) = \frac{\tan 2x + \tan x}{1 - \tan 2x \tan x} \\ &= \frac{\frac{2 \tan x}{1 - \tan^2 x} + \tan x}{1 - \frac{2 \tan x \tan x}{1 - \tan^2 x}} \quad \text{MULTIPLY TOP & BOTTOM OF THE FRACTION BY (1 - \tan^2 x)} \\ &= \frac{2 \tan x + \tan x(1 - \tan^2 x)}{(1 - \tan^2 x) - 2 \tan^2 x} = \frac{2 \tan x + \tan x - \tan^3 x}{1 - 3 \tan^2 x} \\ &= \frac{3 \tan x - \tan^3 x}{1 - 3 \tan^2 x} = \text{RHS} \end{aligned}$$

116. $\frac{\sqrt{2-2 \cos x}}{\sin x} \equiv \sec \frac{x}{2}$ (*****)

$$\begin{aligned} \text{LHS} &= \frac{\sqrt{2-2 \cos x}}{\sin x} \\ &= \frac{\sqrt{2-2(1-2 \sin^2 \frac{x}{2})}}{2 \sin \frac{x}{2} \cos \frac{x}{2}} \\ &= \frac{\sqrt{4 \sin^2 \frac{x}{2}}}{2 \sin \frac{x}{2} \cos \frac{x}{2}} = \frac{2 \sin \frac{x}{2}}{2 \sin \frac{x}{2} \cos \frac{x}{2}} \\ &= \sec \frac{x}{2} = \text{RHS} \end{aligned}$$

$\cos 2A = 1 - 2 \sin^2 A$
 $\cos A = 1 - 2 \sin^2 \frac{A}{2}$
 $\sin 2A = 2 \sin A \cos A$
 $\sin A = 2 \sin \frac{A}{2} \cos \frac{A}{2}$

117. $\sin^2 \theta \tan \theta + \cos^2 \theta \cot \theta + 2 \sin \theta \cos \theta \equiv \tan \theta + \cot \theta$ (****)

$$\begin{aligned} \text{LHS} &= \sin^2 \theta \tan \theta + \cos^2 \theta \cot \theta + 2 \sin \theta \cos \theta = \frac{\sin^2 \theta}{\cos \theta} + \frac{\cos^2 \theta}{\sin \theta} + 2 \sin \theta \cos \theta \\ &= \frac{\sin^2 \theta + \cos^2 \theta + 2 \sin^2 \theta \cos \theta}{\sin \theta \cos \theta} = \frac{(\sin^2 \theta + \cos^2 \theta + 2 \sin \theta \cos \theta + \cos^2 \theta)^2}{\sin \theta \cos \theta} \\ &= \frac{(\sin \theta + \cos \theta)^2}{\sin \theta \cos \theta} = \frac{1}{\sin \theta \cos \theta} = \frac{\sec^2 \theta + \csc^2 \theta}{\sin \theta \cos \theta} \\ &= \frac{\sec^2 \theta}{\sin \theta \cos \theta} + \frac{\csc^2 \theta}{\sin \theta \cos \theta} = \frac{\sec^2 \theta}{\sin \theta} + \frac{\csc^2 \theta}{\cos \theta} = \cot \theta + \tan \theta = \text{RHS} \end{aligned}$$

118. $\sin^4 \theta + \cos^4 \theta \equiv \frac{1}{2}(2 - \sin^2 2\theta)$ (*****)

$$\begin{aligned} \text{LHS} &= \sin^4 \theta + \cos^4 \theta = (\sin^2 \theta)^2 + (\cos^2 \theta)^2 \\ &= \left(\frac{1}{2} - \frac{1}{2}\cos 2\theta\right)^2 + \left(\frac{1}{2} + \frac{1}{2}\cos 2\theta\right)^2 \\ &= \left(\frac{1}{4} - \frac{1}{2}\cos 2\theta + \frac{1}{4}\cos^2 2\theta\right) + \left(\frac{1}{4} + \frac{1}{2}\cos 2\theta + \frac{1}{4}\cos^2 2\theta\right) \\ &= \frac{1}{2} + \frac{1}{2}\cos^2 2\theta \\ &= \frac{1}{2} + \frac{1}{2}(1 - \sin^2 2\theta) = \frac{1}{2} + \frac{1}{2} - \frac{1}{2}\sin^2 2\theta = 1 - \frac{1}{2}\sin^2 2\theta \\ &= \frac{1}{2}(2 - \sin^2 2\theta) = \text{RHS} \end{aligned}$$

$$\begin{aligned} \text{ALTERNATIVE} \\ \text{LHS} &= \sin^4 \theta + \cos^4 \theta = (\sin^2 \theta + \cos^2 \theta)^2 - 2\sin^2 \theta \cos^2 \theta \\ &= [(\sin^2 \theta)^2 + 2\sin^2 \theta \cos^2 \theta + (\cos^2 \theta)^2] - 2(\sin \theta \cos \theta)^2 \\ &= (\sin^2 \theta + \cos^2 \theta)^2 - 2\left[\frac{1}{2} \times 2\sin \theta \cos \theta\right]^2 \\ &= 1^2 - 2 \times \left(\frac{1}{2}\sin 2\theta\right)^2 = 1 - 2 \times \frac{1}{4}\sin^2 2\theta \\ &= 1 - \frac{1}{2}\sin^2 2\theta = \frac{1}{2}(2 - \sin^2 2\theta) = \text{RHS} \end{aligned}$$

$$\begin{aligned} \bullet \cos 2\theta &= 2\cos^2 \theta - 1 \\ 1 + \cos 2\theta &= 2\cos^2 \theta \\ \frac{1}{2}(1 + \cos 2\theta) &= \cos^2 \theta \\ \bullet \cos 2\theta &= 1 - 2\sin^2 \theta \\ 2\sin^2 \theta &= 1 - \cos 2\theta \\ \sin^2 \theta &= \frac{1}{2}(1 - \cos 2\theta) \end{aligned}$$

119. $\sin \theta(1 + \tan \theta) + \cos \theta(1 + \cot \theta) \equiv \sec \theta + \operatorname{cosec} \theta$ (*****)

$$\begin{aligned} \text{LHS} &= \sin \theta(1 + \tan \theta) + \cos \theta(1 + \cot \theta) = \sin \theta + \sin \theta \tan \theta + \cos \theta + \cos \theta \cot \theta \\ &= \sin \theta + \frac{\sin \theta \sin \theta}{\cos \theta} + \cos \theta + \cos \theta \left(\frac{\cos \theta}{\sin \theta}\right) \\ &= \sin \theta + \frac{\sin^2 \theta}{\cos \theta} + \cos \theta + \frac{\cos^2 \theta}{\sin \theta} = \frac{\sin^2 \theta \cos \theta + \sin \theta \cos^2 \theta + \cos^3 \theta + \sin^3 \theta}{\cos \theta \sin \theta} \\ &= \frac{\sin^2 \theta (\cos \theta + \sin \theta) + \cos^2 \theta (\cos \theta + \sin \theta)}{\cos \theta \sin \theta} = \frac{(\cos \theta + \sin \theta)(\sin^2 \theta + \cos^2 \theta)}{\cos \theta \sin \theta} \\ &= \frac{(\cos \theta + \sin \theta)}{\cos \theta \sin \theta} = \frac{\cos \theta}{\cos \theta \sin \theta} + \frac{\sin \theta}{\cos \theta \sin \theta} = \frac{1}{\sin \theta} + \frac{1}{\cos \theta} \\ &= \operatorname{cosec} \theta + \sec \theta = \text{RHS} \end{aligned}$$

120. $\cos 6x \equiv 32\cos^6 x - 48\cos^4 x + 18\cos^2 x - 1$ (*****)

$$\begin{aligned} \bullet \cos(2a) &= \cos^2 a - \sin^2 a \\ &= (2\cos^2 a - 1) - (2\sin^2 a) \\ &= 2\cos^2 a - 1 - 2(1 - \cos^2 a) \\ &= 2\cos^2 a - 1 - 2 + 2\cos^2 a \\ &= 4\cos^2 a - 3 \end{aligned}$$

$$\therefore \cos^2 a = \frac{4\cos^2 a - 3}{2}$$

$$\begin{aligned} \text{LHS} = \cos 6x &= \cos(2 \times 3x) = 2\cos^2 3x - 1 \\ &= 2(4\cos^2 3x - 3)^2 - 1 \\ &= 2(16\cos^4 3x - 24\cos^2 3x + 9) - 1 \\ &= 32\cos^4 3x - 48\cos^2 3x + 18 - 1 \\ &= \text{RHS} \end{aligned}$$

$$\bullet \cos 2\theta = 2\cos^2 \theta - 1$$

121. $32 \sin^2 x \cos^4 x \equiv 2 + \cos 2x - 2 \cos 4x - \cos 6x$ (*****)

$$\begin{aligned}
 \text{LHS} &= 32 \sin^2 x \cos^4 x = 8(4 \sin^2 x \cos^4 x) = 8(2 \sin x \cos x)^2 \cos^2 x \\
 &= 8(\sin 2x)^2 \cos^2 x = 8 \sin^2 2x \cos^2 x \\
 &\quad \begin{cases} \cos 2A = 2\cos^2 A - 1 \\ 1 + \cos 2A = 2\cos^2 A \\ \cos^2 A = \frac{1}{2}(1 + \cos 2A) \end{cases} \quad \begin{cases} \cos 2A = 1 - 2\sin^2 A \\ 2\sin^2 A = 1 - \cos 2A \\ \sin^2 A = \frac{1}{2}(1 - \cos 2A) \end{cases} \\
 &= 8 \times \left(\frac{1}{2}(1 - \cos 4x)\right) \left(\frac{1}{2}(1 + \cos 2x)\right) \\
 &= 2(1 - \cos 4x)(1 + \cos 2x) \\
 &= 2 + 2\cos 2x - 2\cos 4x - 2\cos 2x \cos 4x \\
 &\quad \begin{cases} \cos(A+B) = \cos A \cos B - \sin A \sin B \\ \cos(A-B) = \cos A \cos B + \sin A \sin B \end{cases} \\
 \text{RHS} &= \cos 2x + \cos 2x = 2\cos 2x \\
 &= 2 + 2\cos 2x - 2\cos 4x - (\cos 2x + \cos 2x) \\
 &= 2 + \cos 2x - 2\cos 4x - \cos 2x \\
 &= 2 - 2\cos 4x \\
 &= 2(1 - \cos 4x) \\
 &= 4 \sin^2 2x \\
 &= \text{LHS}
 \end{aligned}$$

122. $\sin^4 \theta + \cos^4 \theta \equiv \frac{1}{4}(3 + \cos 4\theta)$ (*****)

$$\begin{aligned}
 \text{RHS} &= \frac{1}{4}(3 + \cos 4\theta) = \frac{1}{4}(3 + 2\cos^2 2\theta - 1) \\
 &= \frac{1}{4}(2 + 2\cos^2 2\theta) = \frac{1}{2}(1 + \cos^2 2\theta) \\
 &= \frac{1}{2}\left(1 + (2\cos^2 \theta - 1)^2\right) = \frac{1}{2}\left(1 + 4\cos^4 \theta - 4\cos^2 \theta + 1\right) \\
 &= \frac{1}{2}\left[4\cos^4 \theta - 4\cos^2 \theta + 2\right] = 2\cos^4 \theta - 2\cos^2 \theta + 1 \\
 &= \cos^4 \theta + (\cos^4 \theta - 2\cos^2 \theta + 1) = \cos^4 \theta + (1 - \cos 2\theta)^2 \\
 &= \cos^4 \theta + (\cos^2 \theta)^2 = \cos^4 \theta + \sin^4 \theta = \text{LHS}
 \end{aligned}$$

$$\begin{aligned}
 \text{LHS} &= \cos^4 \theta + \sin^4 \theta = (\cos^2 \theta + 2\sin^2 \theta \cos^2 \theta + \sin^4 \theta) - 2\sin^2 \theta \cos^2 \theta \\
 &= (\cos^2 \theta + \sin^2 \theta)^2 - 2\sin^2 \theta \cos^2 \theta = 1 - 2(\sin \theta \cos \theta)^2 \\
 &= 1 - \frac{1}{2} \sin^2 2\theta \\
 &= 1 - \frac{1}{2}\left(\frac{1}{2}(1 - \cos 4\theta)\right) \\
 &= 1 - \frac{1}{4}(1 - \cos 4\theta) \\
 &= \frac{3}{4} + \frac{1}{4} \cos 4\theta \\
 &= \frac{1}{4}(3 + \cos 4\theta) = \text{RHS}
 \end{aligned}$$

123. $\frac{\cos 2x}{\sqrt{1 + \sin 2x}} \equiv \cos x - \sin x$ (*****)

$$\begin{aligned}
 \text{LHS} &= \frac{\cos 2x}{\sqrt{1 + \sin 2x}} = \frac{\cos^2 x - \sin^2 x}{\sqrt{1 + 2\sin x \cos x}} = \frac{(\cos x - \sin x)(\cos x + \sin x)}{\sqrt{(\cos x + \sin x)^2}} \\
 &= \frac{(\cos x - \sin x)(\cos x + \sin x)}{(\cos x + \sin x)} = \frac{(\cos x - \sin x)(\cos x + \sin x)}{\cos x + \sin x} \\
 &= \cos x - \sin x = \text{RHS}
 \end{aligned}$$

124. $\frac{\sin 4\theta - 8\sin^3 \theta \cos \theta}{\sin \theta} \equiv 4\cos 3\theta$ (*****)

$$\begin{aligned} \text{LHS} &= \frac{\sin 4\theta - 8\sin^3 \theta \cos \theta}{\sin \theta} = \frac{2\sin 2\theta \cos 2\theta - 8\sin^3 \theta \cos \theta}{\sin \theta} \\ &= \frac{2\cos 2\theta (2\sin \theta \cos \theta) - 8\sin^3 \theta \cos \theta}{\sin \theta} \\ &= 4\cos \theta \cos 2\theta - 8\sin^2 \theta \cos \theta = 4\cos \theta (\cos 2\theta - 2\sin^2 \theta) \\ &= 4\cos \theta \cos 2\theta - 4\sin \theta \sin 2\theta = 4[\cos \theta \cos 2\theta - \sin \theta \sin 2\theta] \\ &= 4\cos(\theta + 2\theta) = 4\cos 3\theta = \text{RHS} \end{aligned}$$

125. $\cos^2 x + \sin^2 x \equiv 1$ (*****)

$$\begin{aligned} \text{Let } f(x) &= \cos^2 x + \sin^2 x \\ f'(x) &= -2\cos x \sin x + 2\sin x \cos x \\ f'(x) &= 0 \quad \text{REGARDLESS OF } x \\ \therefore f(x) &= k = \text{CONSTANT, SO IT DIFFERENTIATES TO ZERO} \\ \text{AS FUNCTION IS CONSTANT EVALUATE BY ANY } x, \text{ SAY } x=0 \\ f(0) &= \cos^2 0 + \sin^2 0 = 1^2 + 0^2 = 1 \\ \therefore f(x) &= 1 \\ \cos^2 x + \sin^2 x &= 1 \end{aligned}$$